

Reactive oxygen species and neurodegenerative diseases: insights into nanozyme therapeutics

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Abstract

Oxidative stress plays a critical role in the onset and progression of neurodegenerative diseases. Traditional methods for regulating oxidative stress using drugs or enzyme molecules often face limitations in efficacy, potential side effects, and the ability to fully meet clinical needs. The emergence of nanozymes offers a novel approach to overcome these challenges and explore therapeutic mechanisms. Focusing on the interaction between reactive oxygen species (ROS) and the nervous system, this article reviews the latest advancements in the use of nanozymes for treating neurodegenerative diseases. First, the mechanism of ROS interaction with neurons and glial cells in the complex nervous network is summarized by analyzing the characteristics of ROS. Second, the application examples and mechanism exploration of different types of ROS-related nanozymes in many neurodegenerative diseases are introduced and summarized. Additionally, the current situation and future prospects of nanozymes combined with advanced technologies such as in vitro detection and artificial intelligence for disease treatment are further discussed. This approach is poised to significantly advance the development of therapies for neurodegenerative diseases.

Keywords: Artificial intelligence, Nanozyme, Neurodegenerative diseases, Oxidative stress, Reactive oxygen species

1. Introduction

Neurodegenerative diseases, such as Parkinson disease (PD) and Alzheimer disease (AD), present serious challenges to human health.^[1–4] These diseases affect the structural and functional integrity of the brain and are often accompanied by severe consciousness and behavioral disorders, greatly affecting the quality of life of patients. Recently, oxidative stress caused by elevated reactive oxygen species (ROS) levels has been considered a key factor in inducing neurodegenerative disease.^[5–7] Normally, ROS plays an important role in cell signaling and immune response. However, an imbalance between ROS production and clearance can produce oxidative stress, causing damage to cellular components such as DNA, lipids, proteins, and membranes.^[8] This is particularly significant in the nervous system because it directly affects the survival of neurons, leading to a range of

neurodegenerative diseases. Although researchers have recognized the importance of oxidative stress in neurodegenerative diseases, many challenges remain unsolved. Traditional antioxidants, such as astaxanthin, anthocyanins, and other small molecules, can clear ROS to a certain extent, but the limited clearance efficiency, poor stability, potential toxicity, and insufficient blood–brain barrier (BBB) penetration limit their clinical application.^[9] Therefore, there is an urgent need to develop strategies to effectively treat neurodegenerative diseases.

Nanozyme, a new concept that combines nano effects and biocatalytic functions, has attracted wide attention from researchers since its inception.^[8] As nanomaterials with enzyme-like catalytic activity, nanozymes possess special size, surface, and quantum effects. These properties give nanozymes unprecedented application potential in many fields such as biomedicine, environmental governance, and the food industry.^[10] Recently, research on nanozymes has expanded from single materials to multicomponent composite materials and from simple structures to complex morphologies.^[11–14] Different nanozymes have unique enzymatic catalytic properties, which can be customized and optimized for complex biochemical reactions and environmental conditions.^[15] Additionally, by adjusting the properties of the nanozymes (such as structure, size, and morphology), their catalytic performance can be continuously optimized and biocompatibility in vivo can be improved. The multifunctional integration and intelligent design of nanozyme have also become a focus of current research, providing strong support for achieving more accurate disease diagnosis and treatment.^[16]

With interdisciplinary integration, nanozyme research has progressed a stage from preliminary discovery to in-depth exploration, and then to widespread application, providing a new way for the treatment of neurodegenerative diseases. This review comprehensively discusses the mechanism of ROS in neurodegenerative diseases and the latest research progress of nanozyme in disease treatment (Figure 1). By analyzing the types and characteristics of ROS, we summarize the transformation

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process of ROS in the complex network of cells. In addition, by analyzing the interaction between ROS and the nervous system, the pathogenesis mechanism includes lipid peroxidation, protein misfolding, ion channel dysfunction, and regulation of glial cells (astrocytes and microglia). Based on this, the review provides an overview of recent nanozyme research with different catalytic properties in treating neurodegenerative diseases, and it enumerates the potential of nanozymes to improve catalytic performance and applications through custom design. Finally, considering the broad prospects of nanozyme, we discuss the challenges faced by nanozyme to facilitate the rapid development of this field.

2. ROS and neurodegenerative diseases

ROS, as an inevitable product of physiological metabolism, is of great importance in signal transduction, cell survival, and immune response, regulating complex physiological networks.

ROS mainly includes superoxide anion ($O_2^{\cdot-}$), hydrogen peroxide (H_2O_2), and hydroxyl radical ($\cdot OH$). In organisms, ROS has various sources, primarily produced by mitochondria, nicotinamide adenine dinucleotide phosphate (NADPH) oxidase, and external stimuli. While the production of ROS exceeds the body's ability to maintain homeostasis, it is transformed into a destructive force closely related to the occurrence and development of neurodegenerative diseases. Therefore, ROS has different pathogenic mechanisms for neurons and glial cells. Through the combination of these mechanisms, ROS leads to neural damage and exacerbates inflammatory responses in the nervous system.

2.1 ROS properties: types and source

ROS is a diverse family of oxidizing chemical substances with different properties and reactivity (Figure 2A). Based on their composition, ROS can be roughly divided into 2 categories: free ROS and incorporated ROS.^[17] It is worth noting that there is a certain transformation relationship between free ROS and

incorporated ROS. Free ROS can generate incorporated ROS by initiating free radical reactions (Figure 2B).

- (1) Free ROS: only consisting of the hydrogen (H) and oxygen (O) elements, typical free ROS includes hydrogen peroxide (H_2O_2), superoxide anion radical ($O_2^{\cdot-}$), and hydroxyl radical ($\cdot OH$).
- (2) Incorporated ROS: Compared with the free state, the incorporated ROS is formed by the combination of oxygen atoms with other elements or molecules. Its structure is more complex, such as peroxy free radical ($ROO\cdot$), peroxy hydroxyl free radical ($HOO\cdot$), and its derivative peroxy nitroso anion ($ONOO^-$).

Additionally, the redox potential and half-life of different ROS are important parameters for the properties of free radicals determining their activity and stability in chemical reactions.^[18,19] In general, most free ROS have a high oxidation capacity but a short half-life. Among ROS, $\cdot OH$ has an extremely high oxidation capacity due to its redox potential of 2.8 V and a half-life of ~ns. It is one of the strongest oxidants and can react indiscriminately with almost all biological molecules. $O_2^{\cdot-}$ has a lifetime of about 1 to 10 ms inside the cell. Its low redox capacity makes it somewhat selective. For example, it can react with another free radical nitric oxide ($\cdot NO$) to form peroxynitrite or with Fe-S clusters external proteins instead of attacking most biomolecules. H_2O_2 is a stable chemical molecule and inactive to most biomolecules. Its main feature is that it can diffuse through cell membranes and play an important role as redox signaling molecules. As the main intermediate product of lipid peroxidation, the $ROO\cdot$ free radical is relatively stable and has a long half-life (~7 s) in the lipid membrane, allowing it to spread to distant cell sites and cause greater damage to cells.

Intracellular ROS are generated in various ways.^[20] Among them, $O_2^{\cdot-}$ has the dual properties of weak oxidation and reduction and is a key starter that triggers a series of free radical chain reactions. In the normal physiological metabolic cycle of cells, mitochondria and various enzymatic reactions promote the production of $O_2^{\cdot-}$. This mainly includes the catalytic action of NADPH oxidase, xanthine oxidase, and uncoupled endothelial nitric oxide synthase. The most significant generation pathways can be attributed to the following 2: NADPH oxidase catalysis^[21] and direct electron leakage.^[22]

2.2 Pathogenesis of ROS

Neurodegenerative diseases are characterized by the progressive loss of specific populations of neurons at both functional and structural levels.^[23] These diseases have complex causes, often involving mitochondrial dysfunction, neuroinflammation, and brain injury while the pathogenesis has not been fully elucidated. Among these causes, oxidative stress damage caused by excessive accumulation of ROS is one of the key underlying factors, leading to an imbalance of the redox state in the organism. This imbalance determines the occurrence and progression of neurodegenerative diseases. ROS are generally produced through both combined action of cell metabolic activities and a variety of external environmental stimuli. Due to their strong reactivity, ROS can destroy nucleic acids, proteins, lipids, and other large molecules, altering their functions and thus affecting the fate of neurons and glial cells.^[24] Here, starting from neurons and glial cells, the pathogenic mechanism of ROS leading to neurodegenerative diseases will be summarized and explored.

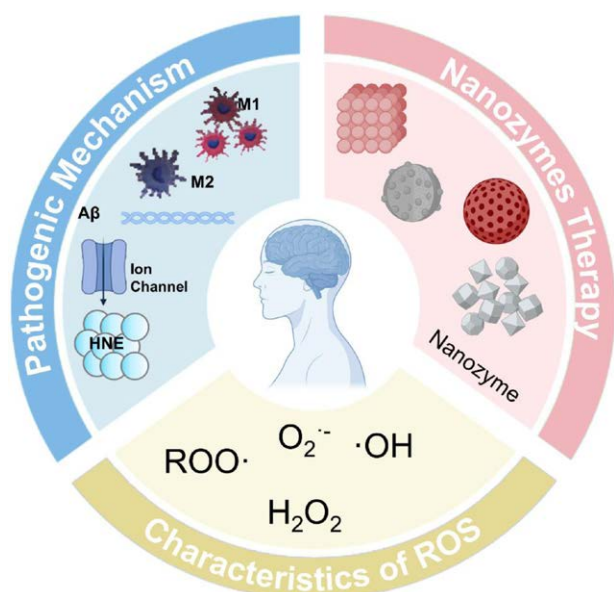


Figure 1. Nanozymes and neurodegenerative diseases.

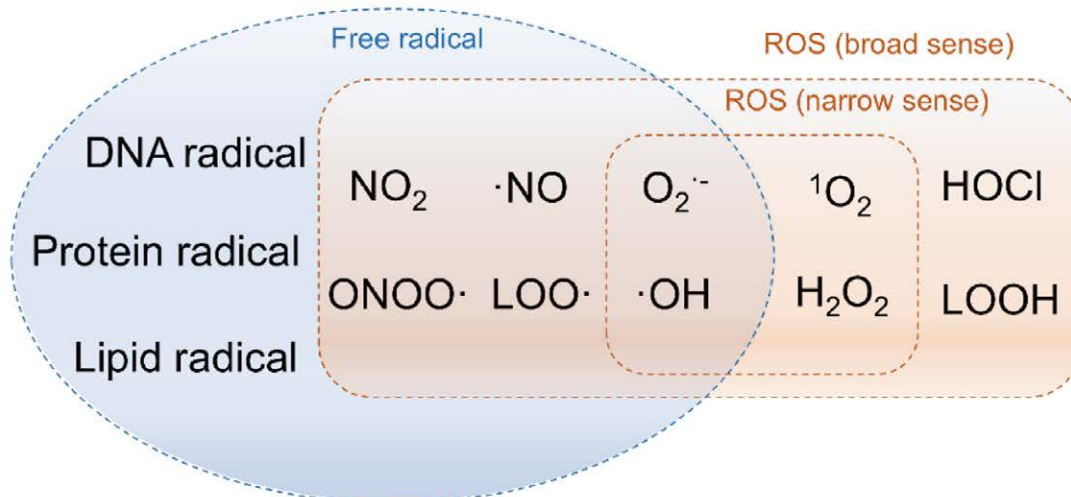
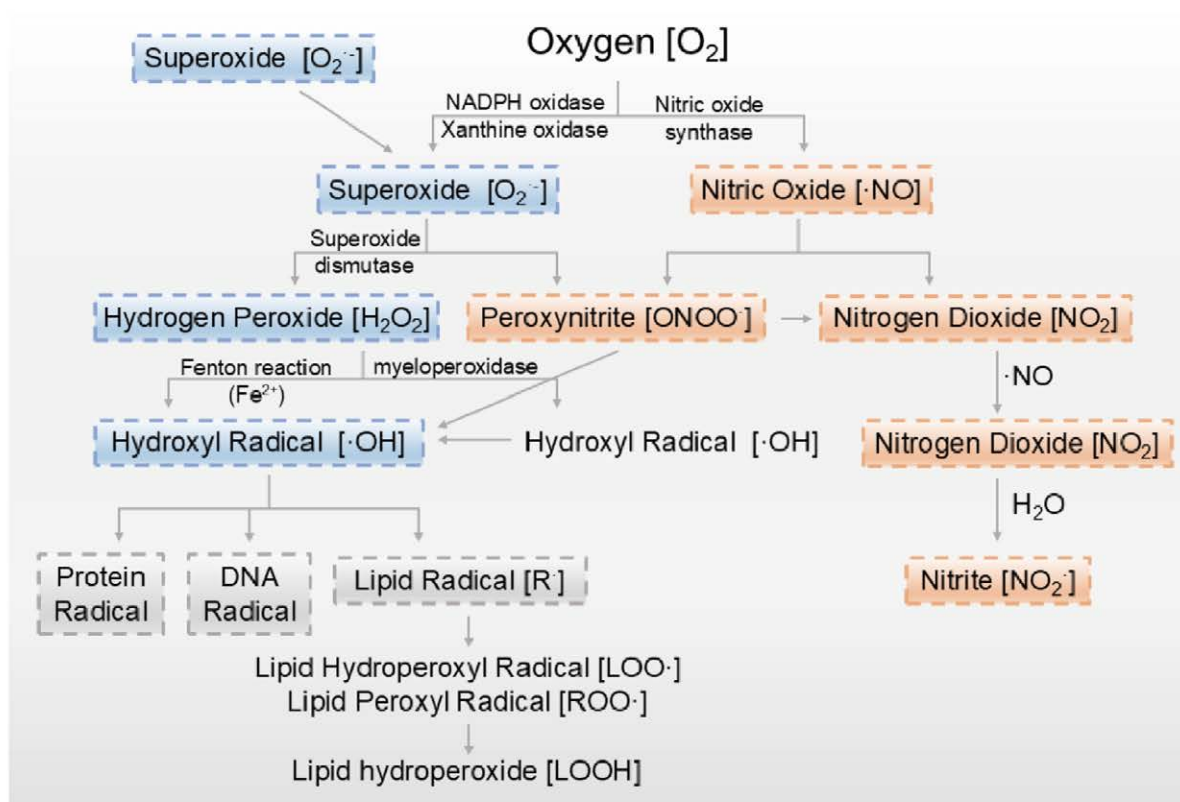
A**B**

Figure 2. ROS properties. (A) Different kinds of ROS. (B) The process of transforming the free ROS into the incorporated ROS.

The core of oxidative stress is the excessive production of ROS, which affects different types of cells differently. For neurons, ROS leads to similar cellular damage mechanisms across different types of neurons, such as mitochondrial dysfunction,^[17] protein damage,^[18] and lipid peroxidation.^[19] In contrast, different types of glial cells exhibit varied responses to oxidative stress due to their physiological differences. For example, under oxidative stress, astrocytes proliferate and release inflammatory cytokines, forming glial scars that hinder axon regeneration and neurite outgrowth. Microglia, on the other hand, primarily show increased secretion of proinflammatory factors and a shift

from the M2 to M1 cell type. Therefore, the pathogenesis of ROS in neurons and glial cells will be discussed in terms of response targets and cell types, respectively.

2.2.1 ROS and neurons

Neurons are vulnerable to oxidative damage due to their high content of polyunsaturated fatty acids (PUFA) in cell membrane, high oxygen consumption, and weak antioxidant defense mechanisms.^[25] Relevant studies have shown that ROS can cause cell membrane damage, protein aggregation, and functional

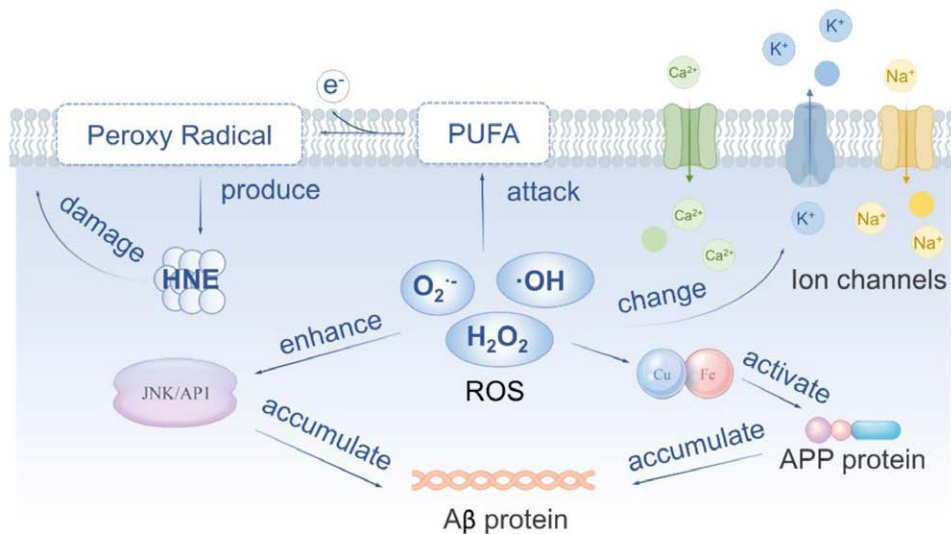


Figure 3. Pathogenesis of ROS. Lipids, disease-associated protein (Aβ protein), ion channels, and ROS.

abnormalities through interaction with neuronal lipids and proteins. It also can induce oxidative stress in the brain environment and accelerate the development of neurodegenerative diseases.

2.2.1.1 ROS and lipids Lipid molecules are major components of cell membranes and organelles (such as mitochondria and nuclei), performing roles in nerve signaling and membrane potential maintenance. However, due to its unsaturated double bonds, it is extremely vulnerable to ROS attacks.

Unsaturated C–H bonds in PUFA in lipids can react with ROS, leaving behind an unpaired electron and converted into a peroxy radical^[26] (Figure 3). Once formed, peroxy radicals will eventually produce malondialdehyde, 4-hydroxynonenal, and other toxic products. Reactions with other PUFA further produce lipid peroxidation, and the plasma membrane is eventually destroyed. Lipid peroxidation induced by ROS through the above pathways can cause neuronal damage and promote the progression of neurodegenerative diseases.^[27]

2.2.1.2 ROS and disease-associated proteins ROS can oxidize proteins, leading to protein cross-linking and misfolding. This oxidative damage will further cause mitochondrial dysfunction and produce more ROS. This vicious cycle exacerbates the development of neurodegenerative diseases. In this context, ROS exhibits unique protein interactions with different types of neurodegenerative diseases (Figure 3).

In Huntington disease (HD), both oxidation-damaged Huntington protein and mitochondria direct interaction reduce the energy supply, increase the generation of ROS, and eventually lead to neuronal death.^[28] In AD, ROS can activate amyloid precursor protein through oxidative stress, promoting the production and aggregation of amyloid protein (Aβ protein).^[24] And it can further oxidize Aβ protein, making it easier to aggregate to form amyloid plaques. After oxidation, Aβ protein has a higher aggregation ability, and the protein accumulation will enhance the production of ROS, which further promotes protein accumulation. The combined action causes neuronal cell apoptosis, damages synapses, and affects synaptic transmission. This cycle not only directly exacerbates neuronal damage but also affects lipid transfer between neurons and glial cells by increasing lipid peroxidation.^[29]

2.2.1.3 ROS and ion channel In neurons, ion channels can selectively conduct ions to regulate neural function. The action mechanism of ROS on neuronal ion channels is very complex, including oxidation modification of ion channel proteins, regulation of channel activity, and change of ion permeability. These effects can lead to changes in neuronal excitability, abnormal signaling, and cell damage, playing an important role in neurodegenerative diseases (Figure 3).

Through nitroso, nitration, and oxidation of specific amino-acid residues, ROS directly changes the conformation and function of ion channels potential, causing the channel activities to enhance or inhibit. For example, cysteine residues are most easily oxidized due to their highly reactive sulfhydryl groups, and they can oxidize thiols to sulfonic acid or sulfonic acid, depending on the amount of oxidant present, redox potential, charge, and temperature. This ultimately alters the signaling pathways for channel function and affects neural activity.^[30]

2.2.2 ROS and glial cells

Glial cells, mainly astrocytes and microglia, perform important functions in the brain. However, under oxidative stress conditions, glial cells may not be able to effectively maintain their supporting functions, leading to neurotransmitter imbalances and neuroinflammation. Understanding the interaction between ROS and glial cells is of great significance for the research and treatment of neurodegenerative diseases.

2.2.2.1 ROS and astrocyte Astrocytes are a type of glial cell found in the brain and spinal cord, providing nutrients to nerve tissue, maintaining extracellular ion balance, and repairing brain damage. In addition, astrocytes regulate the absorption and release of neurotransmitters. However, excessive production of ROS can disrupt these functions, leading to an imbalance of neurotransmitters, which in turn affects the transmission of nerve signals.

Cytosine–cytosine–adenosine–adenosine–thymidine (CCAAT)/enhancer binding protein delta (CEBPD) belongs to the CCAAT/enhancer binding protein family. It is a transcription factor, expressed in astrocytes, and plays an important role in the formation of ROS (Figure 4). Wang et al^[31] work research shows that lack of mice CEBPD astrocytes causes low levels of

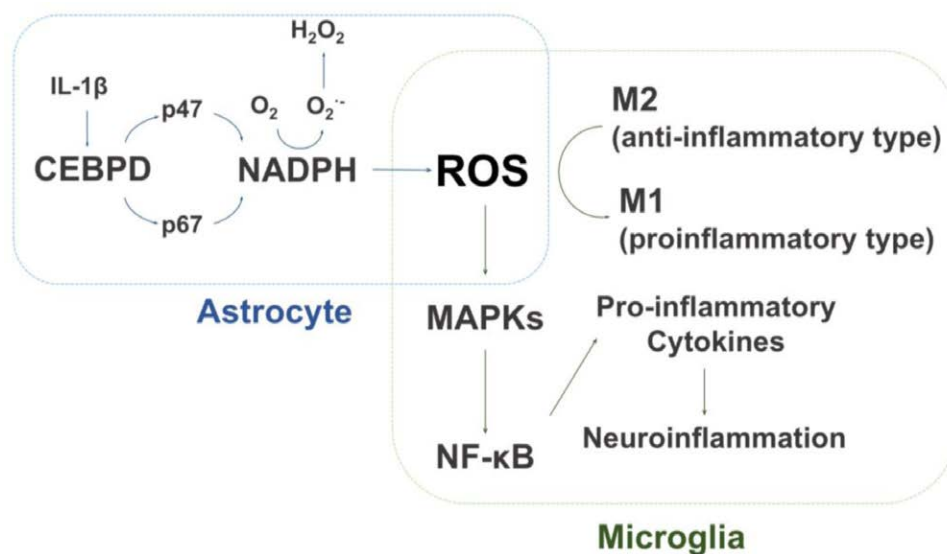


Figure 4. ROS formation by astrocytes through CEBPD leads to oxidative stress in astrocytes. ROS signaling pathway activation in microglia and transformation from anti-inflammatory M2 to proinflammatory M1.

ROS. It suggests that CEBPD is very important to the production of ROS in the cells. Under the stimulation, astrocytes ROS produced by CEBPD promotes oxidative stress. Destruction of cellular components leads to neuronal degeneration and disease progression.^[32] Specifically, CEBPD regulates the transcription of genes, such as p47phox and p67phox of the NADPH oxidase complex, which are key components of ROS production.^[31] At the same time, CEBPD can also aggravate neuronal apoptosis and oxidative stress through the nuclear factor erythroid-2-related factor 2/heme oxygenase 1 (*Nrf2/HO-1*) pathway.^[33] Therefore, in neurodegenerative diseases, reactive astrocytes increase ROS production and reduce antioxidant protection mechanisms, further exacerbating nerve damage.

2.2.2.2 ROS and microglia Microglia are resident immune cells in brains.^[34] ROS can contribute to neurodegenerative diseases by influencing microglia in 2 ways: altering microglial signaling pathways and modifying the phenotype of microglial cells (Figure 4).

In signaling pathways, ROS works synergistically with regulated microglia signaling pathways to jointly promote the occurrence and development of neurodegenerative diseases. For example, *HMGB1* acts as an inflammatory mediator. ROS can promote its release from the nucleus to the outside of the cell, activate immune cells, and promote inflammation. Upregulation of *HMGB1* can increase the expression of proinflammatory cytokine IL-17A, promoting microglia apoptosis through p53 and phosphoinositide 3-kinases/protein kinase B (PI3K/Akt) signaling pathway and aggravating brain injury.^[35]

Additionally, ROS can also activate mitogen-activated protein kinase (MAPK) and nuclear factor- κ B (*NF- κ B*) signaling pathways.^[36] MAPK pathway includes extracellular regulated protein kinases (ERK1/2), c-Jun N-terminal kinase (JNK), and p38 MAPK. These kinases regulate the expression of downstream genes through phosphorylation and promote the production of inflammatory mediators. The MAPK signaling pathway also activates *NF- κ B*. The transfer of *NF- κ B* from the cytoplasm to the nucleus initiates the transcription of genes associated with inflammation, such as inducible nitric oxide synthase (*iNOS*) and

cyclooxygenase-2 (COX-2), further inducing an inflammatory response. These findings suggest that ROS plays a critical role in influencing microglial cell signaling pathways and damaging neurons.

When stimulated by pathogens, injury, or pathological stress, small colloidal cells exhibit functional reprogramming, known as polarization. The phenotypes of microglia can be divided into M1 (proinflammatory type) and M2 (anti-inflammatory type).

ROS acts as secondary messengers to regulate the expression of proinflammatory genes in microglia-mediated pathogenesis by altering the kinase cascade and activating transcription factors, including MAPK and *NF- κ B*. It also promotes the transition from anti-inflammatory M2 phenotype to proinflammatory M1 phenotype.^[37] For example, rotenone (an inhibitor of the mitochondrial electron transport chain) enhances M1 activation by upregulating ROS production, while blocking NADPH oxidase responsible for ROS production, which can mitigate the proinflammatory response of the M1 phenotype.^[38]

This section focuses on both a brief introduction of ROS and mechanisms by which ROS contribute to pathogenesis. While summarizing the types and sources of ROS, the destructive effects of ROS on nerve cell membrane lipids, specific proteins, and ion channels are also discussed. Meanwhile, the neuroinflammatory response induced by ROS in astrocytes and microglia through transcription factors, signaling pathways, and phenotypic regulation is explored.

After diving into the definition and mechanisms of ROS, we turn to a special tool with high therapeutic value—nanozymes. Due to its many special properties, nanozyme exhibits broad clinical application prospects, particularly in the treatment of neurodegenerative diseases.

3. Nanozyme and neurodegenerative diseases

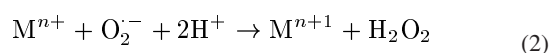
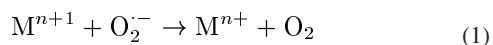
Nanozyme is a kind of nanomaterial with natural enzyme activity. Due to nano size, high stability, and adjustability, it can be customized and optimized. There are many kinds of nanozymes, which also show great potential in clinical therapeutic applications.

3.1 Classification of nanozymes

According to the catalytic mechanism and reaction, nanozyme can be divided into many types, mainly including superoxide dismutase (SOD), catalase (CAT), peroxidase (POD), glutathione peroxidase (GPx), etc. In this section, we will focus on SOD, CAT, and POD nanozymes, which have shown a wide range of application prospects in treating neurodegenerative diseases by simulating the catalytic mechanism of natural enzymes.

3.1.1 SOD nanozyme

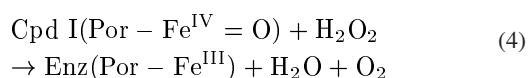
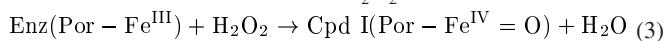
SOD catalyzes the dismutation of $O_2^{\cdot-}$ into O_2 and H_2O_2 , which plays an antioxidant role and usually includes nanomaterials with metal cores, such as Mn_3O_4 , Au, MnO_2 , and CeO_2 . The reaction is as follows:



In the case of CeO_2 nanoparticles, their catalytic activity derives from the rapid and convenient transition between Ce^{4+} and Ce^{3+} compounds. Celardo et al^[39] studied the SOD catalytic mechanism of Ce metal ions in more detail. CeO_2 first reacts with an H_2O_2 to form H^+ and O_2 , and some Ce ions change from +4 valence to +3 valence. Then, they react with $O_2^{\cdot-}$ and hydrogen atoms to change back to +4 valence to form H_2O_2 (Figure 5A). In addition to the SOD-like activity of CeO_2 nanoparticles, the performance of MnO_2 -based nanozymes was also explored. Unlike the valence state transitions of CeO_2 nanoparticles, MnO_2 nanozymes show how structural design can enhance SOD-like catalytic efficiency. Zhang et al^[42] designed a BSA-coated MnO_2 nanoparticle showing great SOD simulation activity. They also demonstrated that the structural design can enhance SOD nanozyme catalysis efficiency. Yu et al^[43] synthesized nanozyme with multiscale layered structure and honeycomb morphology by using graphene oxide (GO) as a framework and loading δ - MnO_2 nanosheets. This design provides a large specific surface area, which is conducive to the adsorption of $O_2^{\cdot-}$ and catalytic reaction. Both examples demonstrate the great efficiency of nanozymes in mimicking SOD activity. They lay a solid foundation for the application of nanozymes in the treatment of neurodegenerative diseases.

3.1.2 CAT nanozyme

CAT decomposes H_2O_2 to produce H_2O and O_2 . It has the effect of eliminating oxidative stress and is important in protecting cells from oxidative damage. In living organisms, CAT first forms a high-valent iron intermediate with H_2O_2 , which then reacts with another molecule of H_2O_2 .

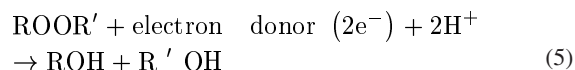


Taking Co_3O_4 nanozyme as an example, it can be used as an electron transport medium due to the variable valence state of Co. As shown in Figure 5B, the order of redox potential from high to low is $H_2O_2/OH^{\cdot-}$, Co^{3+}/Co^{2+} , and O_2/H_2O . Therefore, Co^{3+} can easily take electrons from H_2O_2 and convert them into Co^{2+} , which converts H_2O_2 into O_2 and H_2O . Co^{2+} can also return electrons to H_2O_2 and convert H_2O_2 back to trivalent,

which converts H_2O_2 into $OH^{\cdot-}$. Cong et al^[40] utilized this characteristic of Co_3O_4 nanoparticles, they reported the effects of Co_3O_4 on antiaging, antioxidation, and mitochondrial regulation, suggesting its potential therapeutic application in the field of neurodegenerative diseases.

3.1.3 POD nanozyme

POD is a class of enzymes that can catalyze biological reactions. Peroxides such as H_2O_2 and lipid hydrogen peroxide are reduced in catalytic reactions, and at the same time, redox substrates can be oxidized as electron donors. Most natural PODs are hemoglobin, which can activate H_2O_2 to produce an intermediate with a hypervalent state, allowing electrons to be extracted from different substrates.



Feng et al^[41] found that Prussian blue (PB) nanoparticles follow a 2-path electron transport mechanism during POD catalysis and have the advantage of long service life. In Figure 5C, the POD nanozyme mechanism has 2 different electron transfer pathways. (1) As a semiconductor, PB can undergo a valence band-mediated pathway (VBP), where PB first provides one electron to H_2O_2 (process 1) and then receives another electron from 2,2'-Azinobis-(3-ethylbenzthiazoline-6-sulphonate) (ABTS) (process 2). (2) The catalytic reaction can be carried out via a conduction band-mediated pathway. PB or its preoxidation state first receives electrons from ABTS (process 1) and then electrons are transferred to H_2O_2 (process 2).

Furthermore, the substrate affinity can be enhanced by modifying other metal particles on the surface of the POD nanozyme to improve the POD catalytic ability. Ma et al^[44] reported a $Fe_3O_4@Pt$ nanozyme. Pt nanoparticles have a strong substrate adsorption capacity, especially for POD substrates such as 3,3',5,5'-tetramethylbenzidine (TMB). Through the modification of Pt nanoparticles, $Fe_3O_4@Pt$ adsorbs and concentrates substrate molecules more effectively. It also improves the initial reaction speed and reaction efficiency.

3.2 Nanozyme and neurodegenerative diseases

In view of the key role of ROS in the pathogenesis of nervous system diseases, nanozyme with high ROS scavenging efficiency has become a promising new method for the treatment of such diseases. With their diverse functional properties and composition advantages, these nanozymes have demonstrated the ability to significantly reduce oxidative stress and alleviate neurodegenerative diseases.

3.2.1 Alzheimer disease (AD)

AD is a neurodegenerative disease that progresses slowly over time. The course of the disease is related to the pathological aggregation of fibrous amyloid proteins in the brain.^[45,46] Under oxidative stress, stress-activated protein kinase (SAPK) signaling pathways (such as JNK/SAPK and p38/SAPK2) are activated, mediating cellular stress responses and possibly leading to neuronal apoptosis.^[47] At the same time, ROS can oxidize beta-A β in neurons, which enhances the toxicity of A β and accelerates its accumulation to form amyloid plaques, further exacerbating neuroinflammation and apoptosis.^[48]

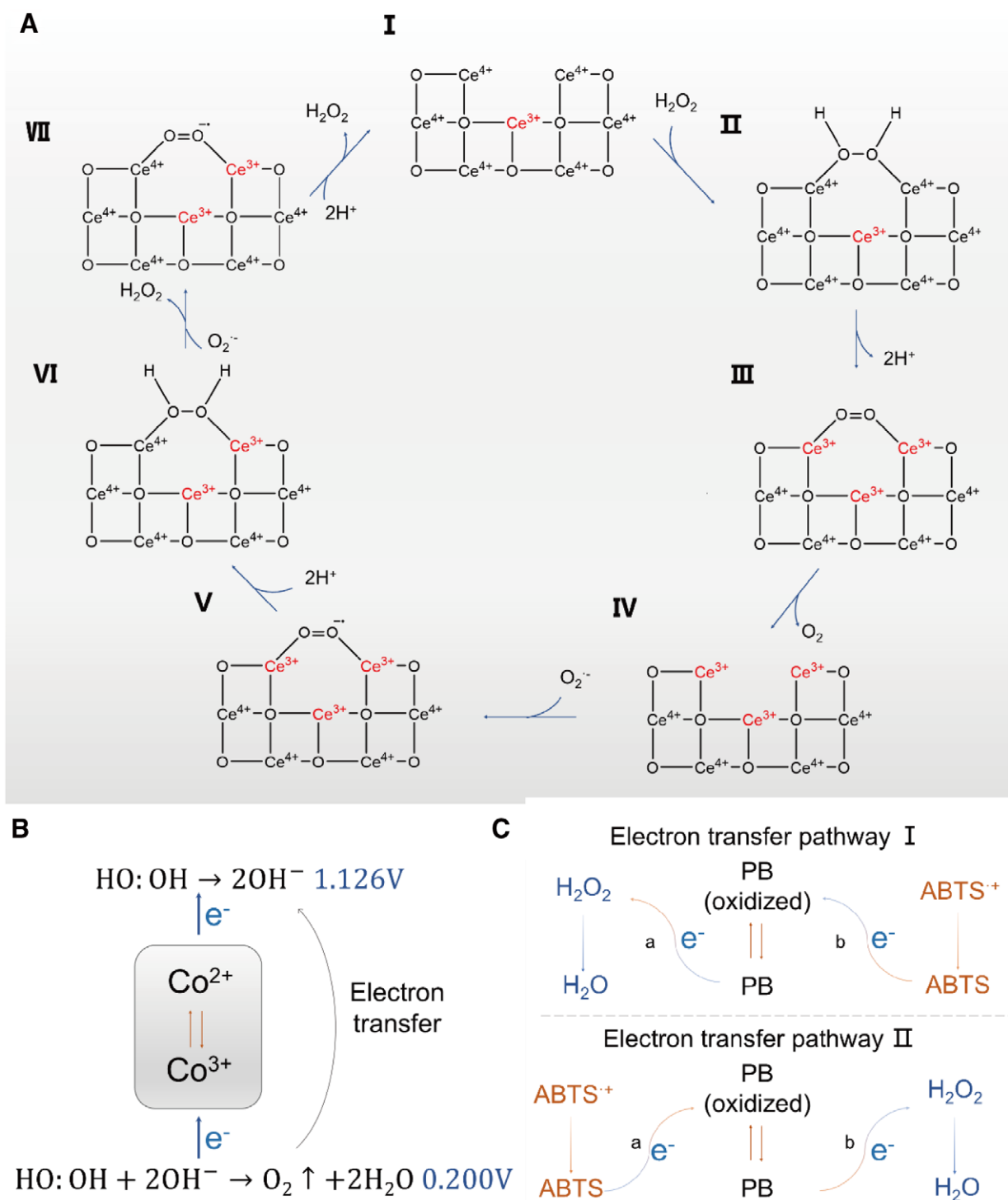


Figure 5. The catalytic mechanism of different nanozyme. (A) CeO_2 as SOD cycle mechanism.^[39] (B) Mechanism of Co_3O_4 as CAT.^[40] (C) Prussian blue nanozymes (PBNZ) as 2 possible electron transfer pathways during POD catalysis.^[41]

Nanozymes show potential applications in the treatment of AD. Due to their enzyme-like activity, nanozymes play a critical role in removing excess ROS. As shown in Figure 6A, B, Jia et al^[49] designed and prepared an octahedral palladium (Pd) nanozyme, and combined borneol (Bor), a traditional Chinese medicine, on the surface of the Pd@PEG nanomaterial to improve the efficiency of crossing the BBB and targeting neurons. This composite material (Pd@PEG@Bor) can eliminate excessive ROS in

cells and maintain mitochondrial membrane potential and calcium ion levels. By inhibiting the production and aggregation of A β , it protects neurons and effectively alleviates AD symptoms. In Figure 6C–E, Kwon et al^[50] designed and synthesized cerium oxide nanoparticles (TPP-Ceria NPs) targeting mitochondria. As a lipophilic cation, triphenylphosphine (TPP) is able to target mitochondria through negative mitochondrion membrane potential. The Ceria component in the material exhibits excellent

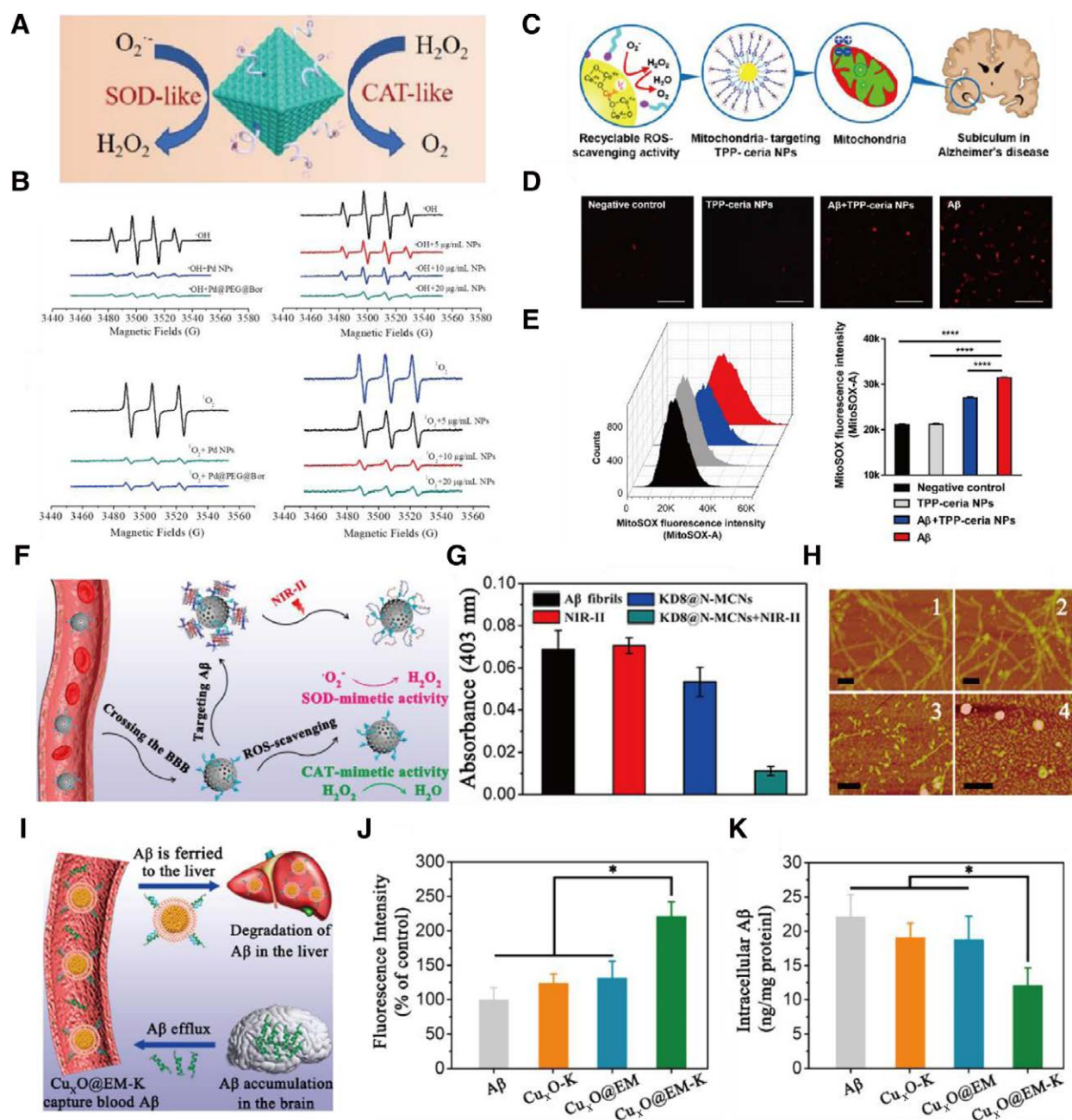


Figure 6. The nanozyme material for AD. (A) Function diagram of Pd@PEG@Bor nanozyme. (B) Detection of ROS clearance effect of Pd NPs and Pd@PEG@Bor.^[49] Copyright 2021, American Chemical Society. (C) Active oxygen scavenging activity of TPP-ceria NPs. (D, E) Cell experiments confirmed that TPP-ceria NPs significantly inhibited Aβ-induced mitochondrial ROS levels.^[50] Copyright 2016, American Chemical Society. (F) Schematic diagram of KD8@N-MCNs scavenging ROS mechanism. (G) Turbidity of Aβ fibrils. (H) AFM images of Aβ.^[51] Copyright 2020, American Chemical Society. (I) Schematic diagram of Aβ scavenging by $Cu_xO@EM-K$. (J, K) Remaining Aβ level.^[52] Copyright 2020, American Chemical Society.

SOD and CAT activities. It can scavenge ROS through the reversible binding of oxygen atoms and shuttling between the Ce^{3+} (reduced) and Ce^{4+} (oxidized) states on the surface, which is a recyclable process. Furthermore, the oxidative stress level and damage of mitochondria are reduced, and the AD process is alleviated.

Additionally, some functionalized nanozymes have the potential to inhibit the aggregation of pathological proteins and thus reduce their toxicity, providing an innovative dual strategy for the treatment of AD. Ma et al.^[51] designed the KD8@N-MCNs nanozyme, which interacts with Aβ proteins through multiple mechanisms to inhibit its aggregation. Figure 6F–H clearly shows that it effectively inhibits Aβ aggregation due to its ability

to bind Aβ specifically via noncovalent interactions. Second, KD8@N-MCNs can disaggregate preformed Aβ fibrils through a photothermal effect under near-infrared II (NIR-II) light. At the same time, its SOD and CAT activities effectively eliminate intracellular ROS. Furthermore, it can cross the BBB effectively due to the covalently grafted amino-acid peptide (KLVFFAED) target peptides on its surface.

Currently, most research focuses more on the direct interaction between nanozymes and Aβ proteins in brains, and less on clearing peripheral Aβ. Notably, existing work has provided a unique, noninvasive nanozyme-based approach for treating AD. In Figure 6I–K, Ma et al.^[52] designed the nanozyme ($Cu_xO@EM-K$) with a surface coated by an Aβ-targeting

pentapeptide (KLVFF), allowing it to specifically recognize and bind to A β in the bloodstream, enhancing A β enrichment on the nanozyme. Among them, the Cu_xO core with multiple antioxidant enzyme-like activities stabilized the outer erythrocyte membrane (EM) and alleviated A β -induced oxidative damage. The EM component in the material prevents the formation of a protein corona, avoiding the side effects of multilayer proteins attaching to the surface. After captured by Cu_xO@EM-K in the blood, A β will be degraded by the liver and cleared, reducing A β deposition in brains.

3.2.2 Parkinson disease (PD)

PD is a chronic neurodegenerative disease of the central nervous system affecting the motor nervous system.^[53] Its symptoms gradually appear over time. The imbalance of oxidative stress in PD leads to the accumulation of α -synuclein subsequently causing the accumulation of ROS, which forms a vicious cycle. Such oxidative stress ends in the loss of upconversion nanoparticles (UCNPs) minergic neurons in the nigra.^[54–56]

Nanozymes can inhibit oxidative stress and inflammation through antioxidant activity to protect dopaminergic neurons and slow the progression of the disease. For example, Hao et al^[57] designed Cu_xO nanoparticle clusters (NCs), as shown in Figure 7A. Phenylalanine binds to CuO through its carboxyl and amino groups, forming strong coordination bonds with Cu²⁺. Its aromatic group provides strong hydrophobic interactions, balancing repulsive electrostatic interactions and promoting the formation of super-particle assembly. It mimics the activity of POD, SOD, CAT, and GPx, effectively reducing ROS-induced oxidative stress and improving PD symptoms in Figure 7B–E. Ma et al^[58] used PB nanozymes for treating PD, as shown in Figure 7F, G. PB nanozymes take Fe²⁺/Fe³⁺ as an electron transfer platform, mimicking enzyme-like activity to scavenge various ROS (eg., $\bullet$ OH, O₂^{•−}, H₂O₂). Figure 7H indicates that PB is first oxidized by H₂O₂ into Berlin green (BG) or Prussian yellow in an acidic environment, and then reacts with O₂^{•−} to revert to its original form. It also inhibits the assembly and activation of the NLRP3 inflammasome, thereby reducing the activation of pyroptosis-related proteins such as caspase-1 and gasdermin D (GSDMD). The release of proinflammatory factors such as IL-1 β and IL-18 is also reduced, slowing the neurodegenerative process in PD. Liu et al used a biocompatible antioxidant nanozyme (PtCu nanoalloy) to counter the diffusion of α -synuclein. Noble metal (alloy) nanostructures have a stable zero-valent metal surface and adjustable catalytic activity. Therefore, they exhibit high efficiency in ROS scavenging. By changing the ratio of Pt and Cu in the alloy, they can control the material's SOD, CAT, and POD activities. As the Pt content increases, the enzyme activity is enhanced. And they reported for the first time that nanozyme could block the diffusion of α -synuclein.^[59] By decreasing the level of ROS in primary cortical neurons induced by α -synuclein preformed fibrils, PtCu stopped the α -synuclein pathology in primary cortical neurons. Jiang et al^[60] developed chiral nanozymes as an antineuroinflammatory agent to treat PD by embedding ultra-small platinum nanozymes (Ptzyme) in the L-type and D-type chiral ZIF framework. Ptzyme@D-ZIF has cascade SOD/CAT-like activities. And they discovered that chiral ZIFs have significantly enhanced ROS scavenging ability compared with nonchiral ZIFs. With longer plasma retention times, they can cross more BBB pathways through clathrin-mediated as well as fossa-mediated endocytosis. It has been shown

to accumulate higher in the brains of PD mouse models. Ptzyme@D-ZIF alleviates the death of damaged neurons by inhibiting apoptosis and iron death induced by neuroinflammation, demonstrating the potential of nanozymes in the treatment of PD.

3.2.3 Huntington disease (HD)

HD is a common progressive neurodegenerative disorder caused by the misfolding of the huntingtin gene (*Htt*).^[61–63] To date, there is no effective drug treatment. Mutant huntingtin protein (mHTT) aggregates inside cells, forming inclusions.^[63] These mHTT aggregates are not only passive markers of cellular damage but actively promote oxidative stress. This is achieved through the following mechanisms.

(1) Haber–Weiss reaction: mHTT proteins can bind to transition metals like copper ions (Cu²⁺), which catalyze the Haber–Weiss reaction inside cells, producing large amounts of ROS. These reactions accelerate the production of O₂^{•−}, H₂O₂, and $\bullet$ OH, leading to increased oxidative stress.^[64,65] (2) Mitochondrial dysfunction: mHTT aggregates also impair mitochondrial function, further increasing ROS production.^[66] Therefore, HD treatment often focuses on scavenging ROS or breaking down mHTT protein aggregates.

Adhikari et al^[67] showed that citrate-functionalized manganese-based biocompatible nanomaterials (C-Mn₃O₄ NPs) effectively mimic GPx in physiological environments in Figure 8A. These nanomaterials participate in cellular antioxidant enzyme cascades, reducing H₂O₂ accumulation. In a 3-nitro propionic acid-induced mouse model, C-Mn₃O₄ nanozymes show significant therapeutic effects. The core mechanism involves mimicking the GPx reaction, using glutathione (GSH) as a cofactor to reduce H₂O₂ while oxidizing NADPH. Figure 8B clearly shows that the specific process is as follows. (1) H₂O₂ reduction: C-Mn₃O₄ NPs react with H₂O₂ (I), forming a peroxide intermediate (II). One of the intermediate's hydroxyl groups reacts with a proton from GSH (III) and produces water (IV). (2) After losing a proton, GS^{•−} attacks another hydroxyl group linked to the metal center easily, forming a GSOH intermediate. Then GSOH dissociates by regenerating the Mn²⁺ catalytic center. (3) Water is replaced by H₂O₂, initiating the next cycle.

During this cycle, $\bullet$ OH remains trapped. At the same time, GSOH condenses with GSH to form GSSG, which is reduced back to GSH by NADPH, maintaining the GSH cycle. This allows the nanozyme to continuously catalyze reactions within the cell, ensuring efficient H₂O₂ clearance (Figure 8C).

Martinez-Camarena et al^[68] proposed a novel nanozyme (Cu@BNPs-L1). This nanozyme is based on boehmite nanoparticles (BNPs), functionalized with tetrazolopyridine (L1) and coordinated with Cu²⁺ (Figure 8D). Through the catalytic reaction of copper ions (Cu²⁺), the nanozyme mimics the function of natural SOD. The cycle between Cu⁺/Cu²⁺ oxidation states shows excellent effectiveness in reducing oxidative stress in HD cell models. In this system, the L1 ligand is responsible for forming stable complexes with Cu²⁺ and participating in the redox cycle. BNPs serve as carriers for the nanozyme. BNPs provide a stable coordination environment for Cu²⁺ and enhance attraction to negatively charged O₂^{•−} through their positive surface charge, improving the scavenging efficiency. When O₂^{•−} reacts with Cu²⁺, it produces Cu⁺, and O₂^{•−} is oxidized to O₂. Then, Cu⁺ reacts with another O₂^{•−}, reducing it to H₂O₂, while Cu⁺ is oxidized back to Cu²⁺.

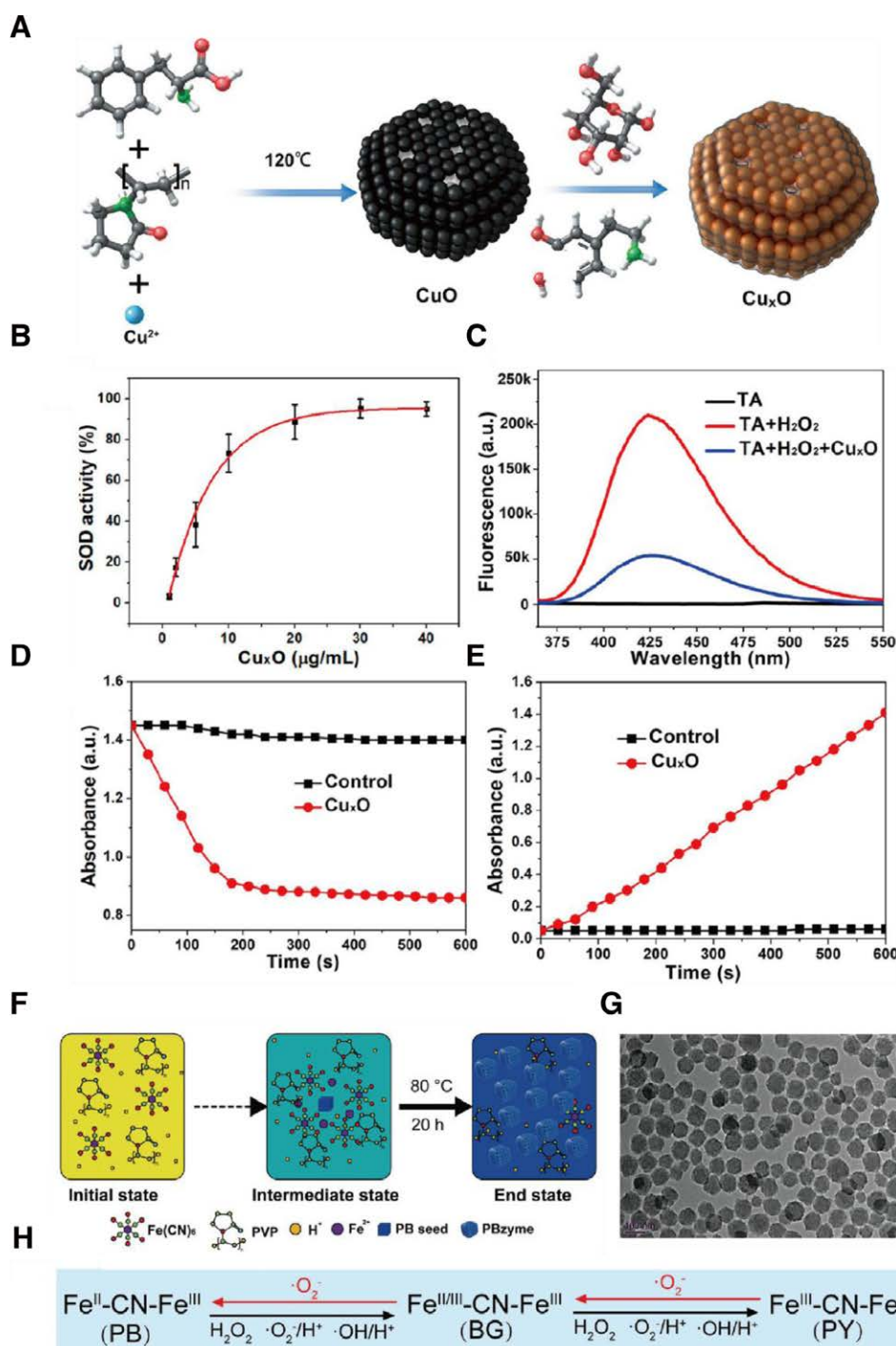


Figure 7. The nanozyme material for PD. (A) Schematic illustration of Cu_xO NCs synthesis. (B–E) Different multienzyme-like activities in Cu_xO NCs.^[57] Copyright 2018, American Chemical Society. (F, G) Schematic synthesis diagram and transmission electron microscope (TEM) image of PBzyme. (H) Schematic diagram of transformation of PBzyme in the interaction.^[58] Copyright 2022, Wiley-VCH GmbH.

3.2.4 Amyotrophic lateral sclerosis (ALS)

Amyotrophic lateral sclerosis (ALS) is a typical neurodegenerative disease characterized by the progressive degeneration of motor neurons in the brain and spinal cord.^[69] Studies suggest that the cause of ALS may be mutations in superoxide dismutase 1 (SOD1), a key antioxidant enzyme involved in cellular redox balance.^[70] Additionally, postmortem ALS patients show elevated levels of protein oxidative damage in neuronal tissues,^[71] further indicating that ROS, protein misfolding, and protein aggregation play significant roles.^[72]

In recent years, many examples have emerged where nanozymes are used to treat ALS. As shown in Figure 8E, Shaw et al.^[72] synthesized a SOD/CAT mimetic, 1-Fe. It catalyzes the decomposition of O_2^- into oxygen and H_2O_2 , which is further decomposed into water and oxygen, thus reducing oxidative stress-induced damage. 1-Fe mainly acts in the mitochondria of nerve cells, reducing ROS production and preventing mitochondrial damage caused by oxidative stress. It not only has antioxidant effects but also activates neuroprotective signaling pathways, promoting cell survival and reducing neuron death.

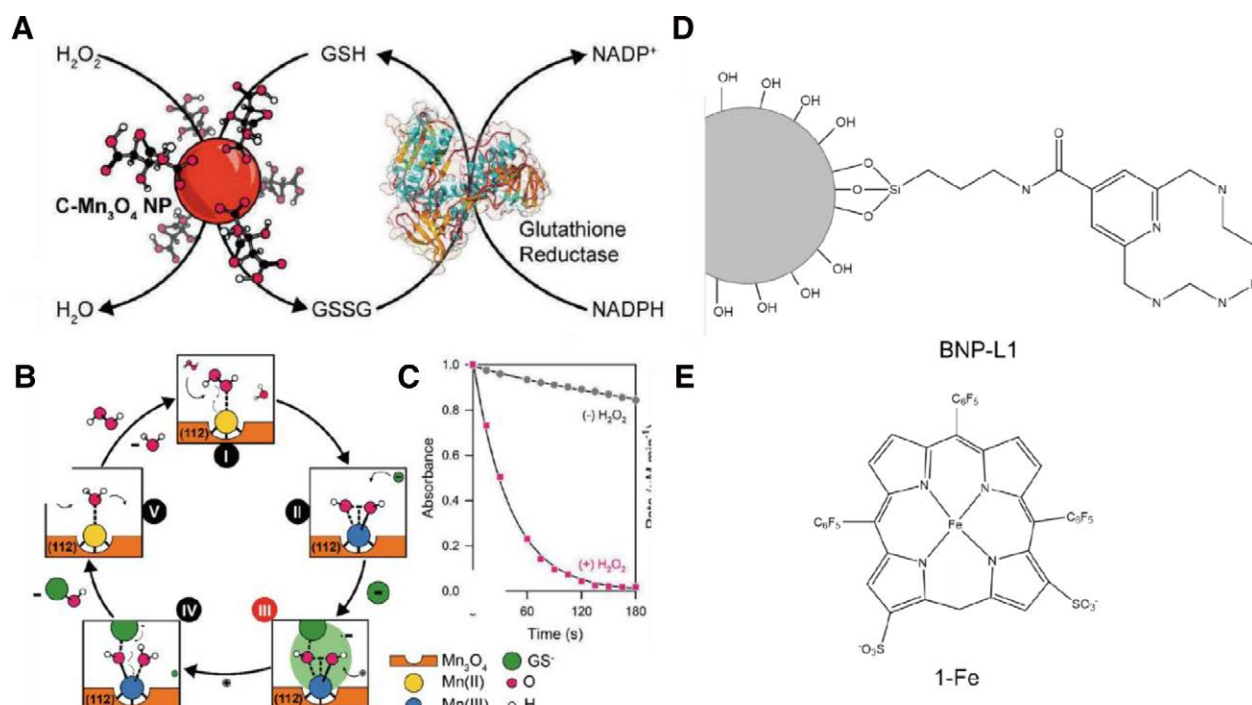


Figure 8. The nanozyme material for HD and ALS. (A) Schematic diagram of the GPx-like activity of C-Mn₃O₄ NPs. (B) ROS scavenging mechanism of C-Mn₃O₄ NPs. (C) The change in NADPH with or without H₂O₂.^[67] Copyright 2020, Wiley-VCH GmbH. (D) Cu@BNPs-L1. (E) The structure of 1-Fe.

due to ROS accumulation. At a concentration of 1 μ M, 1-Fe significantly improved motor ability in ALS zebrafish models, demonstrating the therapeutic potential of nanozymes for ALS.

Sarathi Nayak^[73] developed a histidine (His)-functionalized SOD1 nanozyme with dual functions. It not only scavenges excess ROS in the body but also prevents misfolding and aggregation of SOD1 proteins, particularly reducing aggregation of ALS-associated mutant SOD1, such as apoSOD1G93A. Raman spectroscopy analysis showed that SOD1 undergoes structural changes (decreased α -helix, increased β -sheet) without the nanochaperone, whereas the abnormal protein structure changes were inhibited in the presence of the nanochaperone.

3.2.5 Ischemic stroke (IS)

Ischemic stroke (IS) is one of the neurodegenerative diseases threatening human health. From 1990 to 2019, the global incidence increased by 70%.^[74] When IS occurs, the lack of blood and oxygen supply leads to the production of a large amount of ROS in the mitochondria.^[75] This disrupts the redox balance and neuron function. Therefore, it is important to explore effective treatments for IS.

Nanozymes, as effective ROS scavengers, hold great potential in treating IS. Liao et al^[76] reported a mitochondria-targeted nanodelivery system based on Ce nanozymes. It regulates mitochondrial function to alter oxidative stress levels. Figure 9A clearly shows the synthesis process of the nanomaterials. They used 1,2-distearoyl-sn-glycero-3-phosphorylethanolamine (DSPE) and TPP to coat the surface. After that, they covered the surface with the inhibitor drug roflumilast (ROF) for a synergistic effect. DSPE improved the circulation of the nanozymes in the blood, preventing being captured by the immune system and enhancing biocompatibility. TPP enables the nano system to precisely target mitochondria. The Ce component in the nanozymes can scavenge

ROS by changing its valence state. Figure 9B demonstrates the ROS scavenging mechanism. Ce³⁺ consumes H₂O₂ to become Ce⁴⁺, generating water. And Ce⁴⁺ returns to Ce³⁺ by consuming H₂O. Meanwhile, Ce nanoparticles inhibit the NF- κ B pathway, reducing the secretion of proinflammatory cytokines by microglia and promoting their polarization to the anti-inflammatory M2 type. Figure 9C, D shows the ROS levels in cells after 24 h of co-incubation with various drugs, measured by fluorescent probes. TPP@CeO₂ + ROF nanozymes show the best scavenging effect.

Besides using ROS scavenging nanozymes as neuroprotectants, thrombolysis is another major treatment strategy. In this study, Wang et al^[77] designed a new nanozyme. As shown in Figure 9E, its components include self-assembled peptide nanomaterials and manganese dioxide nanozymes (PNzyme/MnO₂). This system combines the thrombolytic ability of functional peptides with the ROS scavenging ability of MnO₂. The multifunctional self-assembled peptide nanozyme can bind fibrin in the thrombus, cross the BBB, and accumulate in ischemic neuronal tissue, exhibiting strong thrombolytic activity. Figure 9F–H demonstrates its good thrombolytic effect and the cascade scavenging effects of SOD and CAT in vivo.

Both ROS scavenging and thrombolytic approaches are critical in treating IS. The combination of these 2 strategies offers a promising therapy (Table 1).

4. Application of nanozyme

In recent years, nanozymes have shown remarkable effects in the treatment of AD, PD, and other neurodegenerative diseases due to their excellent designable physical and chemical properties. Additionally, the combination of nanozyme and advanced technologies, such as electrodes and artificial intelligence (AI), provides new technical means and application scenarios for the development of nanozyme and disease diagnosis and treatment.

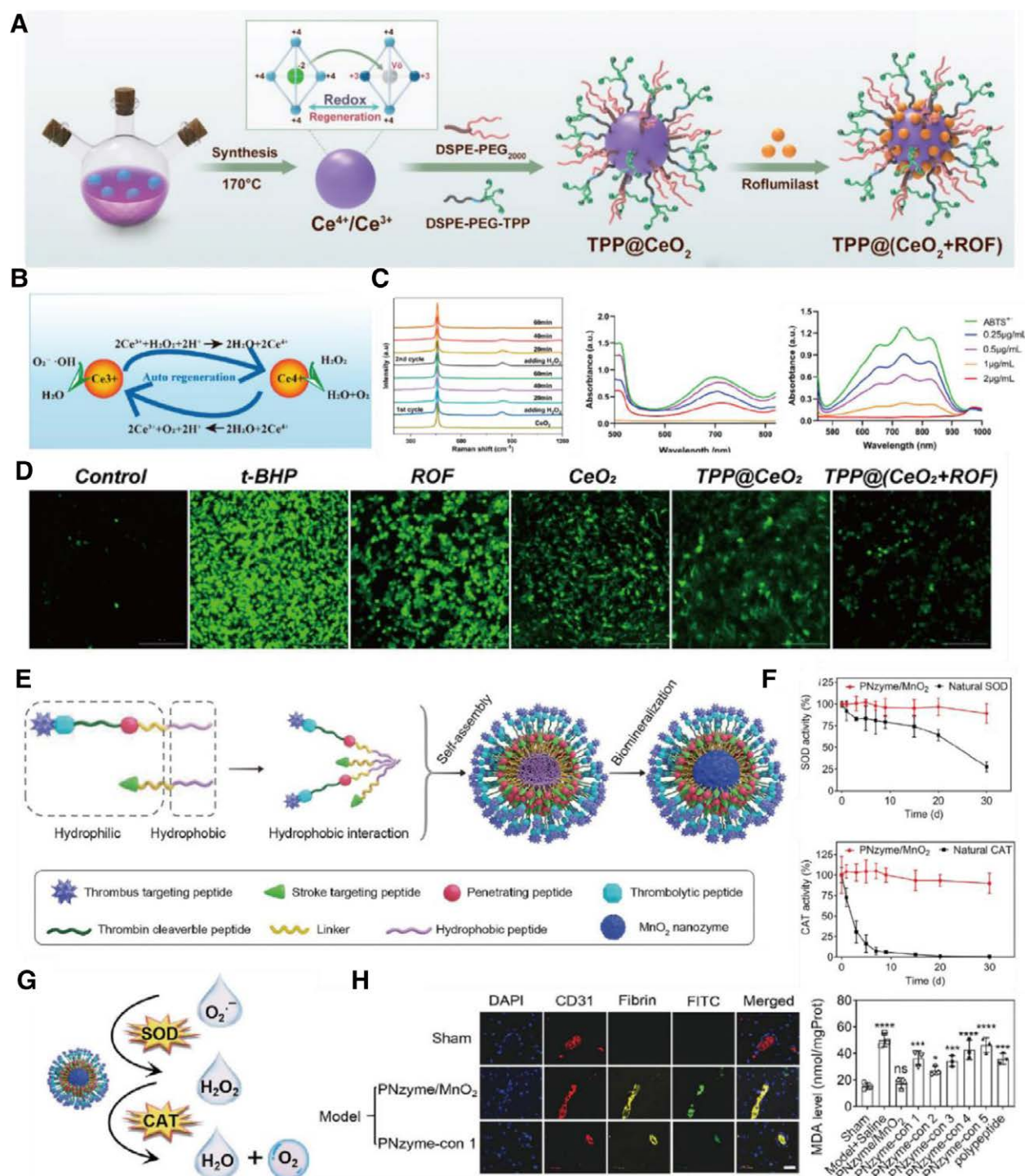


Figure 9. Nanozyme material for ALS. (A) Schematic diagram of the preparation process of TPP@CeO₂ + ROF material. (B) Diagram showing the mechanism of Ce nanoparticles scavenging ROS. (C) Raman and UV-Vis spectra of TPP@CeO₂ + ROF material scavenging various types of ROS. (D) Images of intracellular ROS levels after 24 h of coinubation with different drugs.^[76] Copyright 2024, American Chemical Society. (E) Schematic diagram of the preparation process of PNzyme/MnO₂ material. (F) Comparison of long-term SOD and CAT activity of PNzyme/MnO₂ with natural SOD or CAT. (G, H) Immunostaining showing PNzyme/MnO₂ thrombosis and thrombus targeting ability. ROS scavenging capability in brain tissue.^[77] Copyright 2023, Wiley-VCH GmbH.

4.1 The diagnostic and therapeutic applications of novel nanozymes

Nanozyme shows extraordinary potential in the treatment and diagnosis of neurodegenerative diseases while also showing a wide range of applications in other fields. This demonstrates the innovation and effectiveness of nanozyme in multiple fields, not only promoting the development of nanozyme in the field of

neuroscience but also providing new directions for its application in other medical and technological fields.

4.1.1 Novel nanozymes for the diagnosis of neurodegenerative diseases

Neurochemical substances are important biomarkers in the progression of neurodegenerative diseases.^[88] By monitoring these

Table 1
Nanozyme and neurodegeneration diseases.

Disease	Nanozyme	Mechanism	Enzyme mimic activity	References
AD	Pd@PEG@Bor	Scavenge excess O ₂ ⁻ and H ₂ O ₂ and reduce oxidative stress damage	SOD, CAT	[49]
	TPP-Ceria NPs	Target mitochondria, Ce ³⁺ /Ce ⁴⁺ scavenge ROS	SOD, CAT	[50]
	KD8@N-MCNs	Near-infrared responsive, specifically recognize and bind to Aβ in the blood, and clear Aβ by sink effect	SOD, CAT	[51]
	Cu _x O@EM-K	Target and clear Aβ proteins, with multiple antioxidant activities	SOD, CAT, GPx	[52]
	KLVFF@Au–CeO ₂	Photothermal effect, generate hot holes and electrons under near-infrared light	SOD, CAT	[78]
PD	Cu _x O NCs	Mimic multiple enzyme activities and protect cells from oxidative damage	SOD, CAT, POD, GPx	[57]
	PBzyme	Inhibit NLRP3 assembly and activation, prevent pyroptosis, and reduce proinflammatory factors release	POD	[58]
	PtCu nanoalloy	Biocompatible antioxidant nanozyme inhibits α-synuclein spread	SOD, CAT, POD	[59]
	Ptzyme@D-ZIF	Longer retention time and better clearance effect	SOD, CAT	[60]
	Mn ₃ O ₄	Mimic multiple enzyme activities and protect cells from oxidative damage	SOD, CAT, GPx	[79]
	CSPQ@CM	Promote microglia polarization to anti-inflammatory M2-like phenotype	SOD, CAT, POD	[80]
HD	PtCuSe	Developed with desirable CAT and SOD activities for the cascade scavenging of ROS	SOD, CAT	[81]
	C-Mn ₃ O ₄ NP	Reduce H ₂ O ₂ using glutathione (GSH), while oxidizing NADPH	GPx	[67]
	BNP-L1	Cu ²⁺ /Cu ⁺ consume O ₂ ⁻ , and BNPs provide a stable coordination environment and attract negatively charged O ₂ ⁻	SOD	[68]
IS	Ceria NPs	Cerium NPs balance oxygen production	SOD, CAT	[82]
	Nano-Se NPs	Inhibit mHTT aggregation, scavenge ROS, and reduce neurotoxicity	SOD, CAT	[83]
	TPP@/(CeO ₂ + ROF)	Target mitochondria, synergistic drug therapy, promoting microglial M2 polarization	SOD, CAT	[76]
	PNzyme/MnO ₂	Mimic multiple enzyme activities, target thrombus fibrin and thrombolytic function	SOD, CAT	[77]
	Fe ₃ NC@Se	Multienzyme cascade antioxidant system	SOD, CAT, GPx	[84]
ALS	HPBZs	Multienzyme activity, suppressed apoptosis, and counteracted inflammation	SOD, CAT, POD	[85]
	1-Fe	Target mitochondria and mimic multiple enzyme activities	SOD, CAT	[69]
	A histidine (His) based superoxide dismutase-I (SOD1) nanozyme	Functionalized histidine (His) group mimics SOD1 activity. Prevent SOD1 protein misfolding and aggregation.	SOD	[73]
	PEG-DET	Target mitochondria, with higher stability and lower toxicity	SOD	[86]
	CeVO ₄	Prevent mitochondrial depolarization, and replace natural SOD1 and SOD2 functions in nerve cells	SOD	[87]

markers, the disease progression in the brain can be clearly visualized. It holds significant importance in the diagnosis of various brain diseases. Therefore, online in vivo detection systems based on electrochemical or optical sensing are current research hotspots.^[5]

Dopamine (DA) is an important catecholamine neurotransmitter that transmits information between neurons and regulates hormone balance. In PD patients, neuromelanin and oxidized DA accumulate in dopaminergic neurons,^[89] making abnormal DA levels a key indicator of PD-related neurodegenerative diseases. As shown in Figure 10A, Kang et al^[90] reported a novel nanozyme based on hemin-doped HKUST-1 (also known as MOF-199). They synthesized hemin-doped HKUST-1 using a one-pot hydrothermal method and combined it with reduced graphene oxide (rGO) modified on a glassy carbon electrode (GCE), constructing the hemin-doped-HKUST-1/rGO/GCE sensor. With its nanochannels, this face-centered cubic metal–organic framework (MOF) material acts as a redox medium for detecting DA. The MOF and porous structure of Hemin-HKUST-1, along with the high conductivity of rGO, promote electron transfer, increasing the electrode’s active surface area and adsorbing more DA molecules. Hemin catalyzes DA oxidation through Fe³⁺/Fe²⁺ transitions, similar to POD. The Cu in HKUST-1 and the Fe in Hemin generate a synergistic effect,

further enhancing the nanozyme’s catalytic activity toward DA and significantly improving its electrochemical oxidation capability for DA detection. The detection range for DA is 0.03 to 10 mM (Figure 10B, C).

Similarly, acetylcholinesterase (AChE) is a key enzyme in the biological nervous system. It can effectively regulate the neurotransmitter acetylcholine (ACh). Abnormal levels of ACh are associated with common neurodegenerative diseases like AD and PD.^[92] Therefore, monitoring AChE levels is crucial for disease treatment. Zhang et al^[91] designed nitrogen-rich carbon dots modified with Au (Au-CDs), which mimic POD activity for detecting AChE (Figure 10D). AChE catalyzes the hydrolysis of acetylthiocholine (ATCh), producing thiocholine (TCh). The generated TCh binds to the surface of Au-CDs through Au-S bonds, inhibiting the POD-like activity of Au-CDs. As the nanozyme loses its catalytic activity, the oxidation reaction of TMB weakens, causing the solution color to fade. By measuring the change in optical absorbance, AChE activity can be quantitatively detected as shown in Figure 10E.

Thus, by utilizing the interaction between nanozyme activity and important biomarkers, fluctuations in these biochemical substances can be monitored. This highlights the potential of nanozymes as an efficient and sensitive diagnostic method, offering great promise for clinical diagnostics.

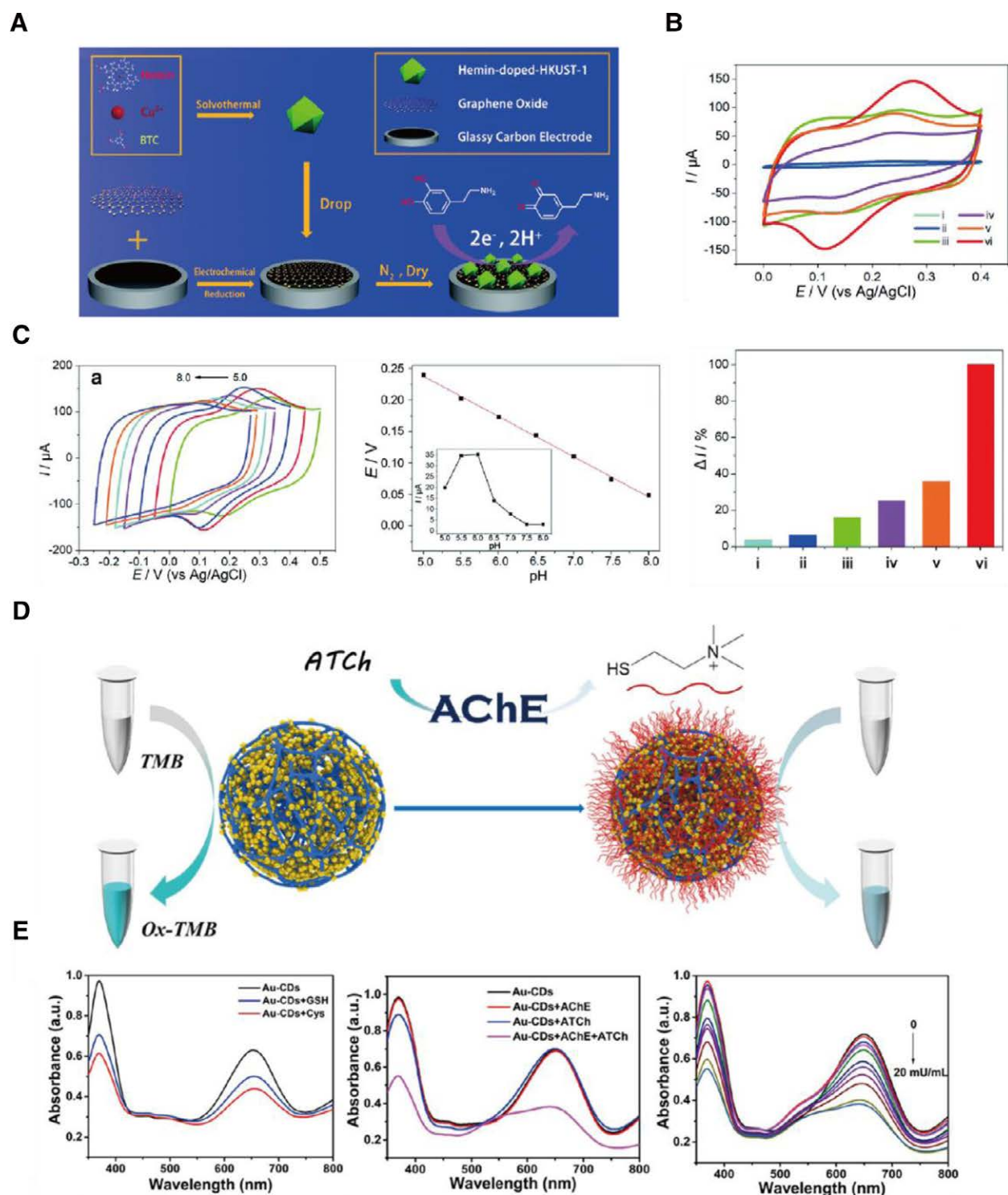


Figure 10. Nanozymes for the diagnosis of neurodegenerative diseases. (A) Schematic diagram of the synthesis of Hemin-doped-HKUST-1 and electrocatalytic detection of DA. (B) DPV curves of different electrodes at the same DA concentration. (C) DPV curves of the Hemin-doped-HKUST-1/rGO/GCE at different DA concentrations.^[90] Copyright 2021, the Royal Society of Chemistry. (D) Schematic illustration for AChE activity detection. (E) UV-Vis spectra of different reaction systems. It shows that the catalytic activity of Au-CDs significantly decreases after the addition of GSH or Cys. The catalytic activity decreases significantly only when AChE and ATCh coexist. There is a good linear relationship between absorbance and AChE activity.^[91] Copyright 2022, American Chemical Society.

4.1.2 Novel nanozymes for the treatment of neurodegenerative diseases

In addition to the conventional nanozyme clearing ROS, there are some nanozymes with a special mechanism. They regulate pathological processes in organisms by achieving precise catalysis under specific conditions.

Ortega-Liebana et al^[93] reported a method for the orthogonal catalytic reaction of gold-polymer composite catalysts in vivo. This special nanozyme can maintain catalytic activity in organisms and successfully catalyze the drug precursor into the antianxiety drug fluoxetine in the central nervous system of zebrafish. This achieves precise control of drug release and

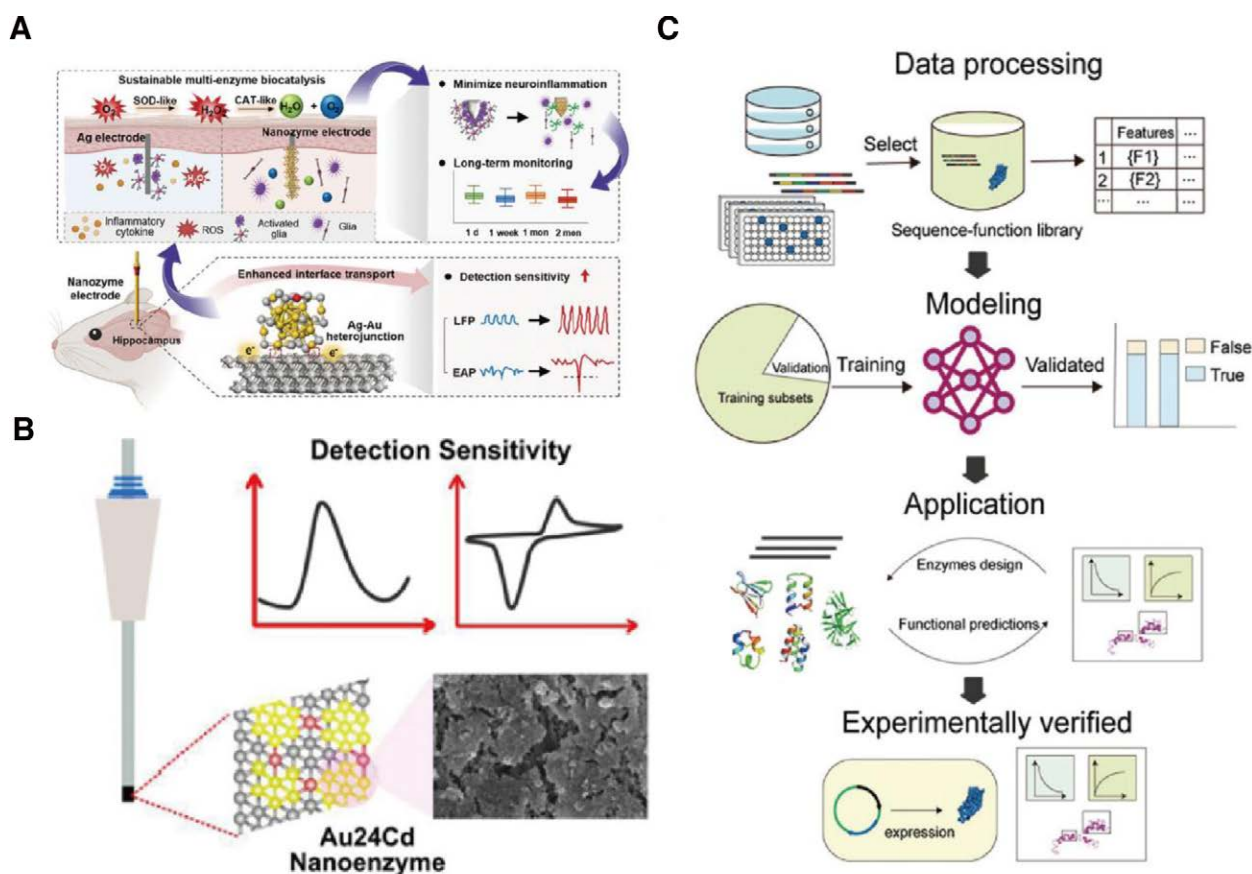


Figure 11. Nanozymes combined with advanced technology. (A) The long-term effect of the interface between the nanozyme electrode and nerve tissue.^[95] Copyright 2023, Wiley-VCH GmbH. (B) ACNE microelectrode structure and sensing performance.^[96] Copyright 2024, the author(s). (C) Processes for the application of machine learning in the development of nanozymes.^[16] Copyright 2023, Wiley-VCH GmbH.

provides a new approach for targeted disease treatment. Fang et al proposed a responsive artificial enzyme (FNA- Fe_3O_4) based on functional nucleic acid. It is used to continuously generate DA in vivo, which can cross the BBB and target diseased neurons by means of transferrin receptor aptamers.^[94] FNA- Fe_3O_4 responds to overexpressed α -synuclein mRNA in diseased neurons and undergoes antisense oligonucleotide therapy as well as fluorescence imaging. It simultaneously converts into an artificial enzyme composed of tyrosine aptamers that mimic tyrosine hydroxylase to continuously generate DA.

4.2 Nanozymes combined with advanced technology

Nanozymes have demonstrated broad application prospects in the field of neuroprotection and treatment of neurodegenerative diseases. However, to push this field further, nanozymes should be combined with advanced technologies, such as electrode detection, AI, and external fields. This will expand the range of applications of nanozymes and maximize their ability to accurately synthesize and efficiently treat disease.

4.2.1 Nanozymes and nerve electrode

In the field of nerve electrodes, electrical signals and neurotransmitters are mainly detected through electrodes. The sensitivity of electrode measurement can be significantly improved by combining the nanozymes with the nerve electrode. Liu et al^[95] reported a general strategy for the design of neural electrodes

based on nanozymes with heterogeneous design, which significantly improved the electrochemical performance by enhancing the ion current and electron transfer at the atomic layer interface. Nanozyme electrodes can be used for multiscale, ultra-sensitive neural recording, showing excellent performance. In local field potential acquisition, the sensitivity is about 10 times higher than that of PtIr electrodes, which significantly improves the signal-to-noise ratio of acute epileptic rats (Figure 11A). Chemicals such as DA, ascorbic acid (AA), and uric acid (UA) are messengers in the nervous system. The changes in their concentration link to a variety of neurodegenerative diseases. However, the sensitivity of existing electrodes is not enough to meet the detection conditions. Chen et al^[96] proposed a method to modify Au₂₄Cd nanozyme on electrodes (ACNE). As shown in Figure 11B, this work validated the performance of ACNE-modified electrodes by electrochemical detection methods, showing significant improvement in electrocatalytic activity and sensitivity. It is especially effective when detecting neurochemicals such as DA, AA, and UA. Thus, nanozyme modification can significantly improve the sensitivity and stability of metal electrodes, enhance their biomedical application potential, and provide a new idea for the development of multifunctional neural electrodes.

4.2.2 Nanozyme and AI

At present, nanozyme has become an emerging artificial enzyme due to the combination of the advantages of catalytic materials and

natural enzymes. The traditional material design is time-consuming and laborious. To obtain a more efficient and unique nanozyme, AI is introduced to carry out the material design of nanozyme, which is more conducive to disease treatment. AI-optimized design enables more efficient catalytic activity and improved selectivity for a variety of biomedical and engineering applications.

The main advantage of AI is its ability to quickly predict the properties of new material structures after a certain order of magnitude of training. Zhuang et al.^[16] reported the AI auxiliary nano enzyme design workflow as shown in Figure 11C: (1) get the data set and set design goals; (2) extract features from the database, and then build a feature database for model training; (3) the database is divided into learning subsets and validation subsets for machine training and model evaluation; (4) put the new material structure design into the database to predict the function of this material, and manually proofread until the expectation is reached. Wei et al.^[97] reported the use of machine learning to understand particle-attribute relationships and to classify and predict the enzyme-like activities of nanozymes.

4.2.3 Nanozymes and external fields

In recent years, the combination of external fields (such as electromagnetic fields and ultrasound) with nanozymes has shown great potential in treating neurodegenerative diseases. When external fields act on functionalized nanozymes, they produce unique responses, regulating the redox state within nerve cells. This interaction between external fields and nanozymes offers innovative, noninvasive therapies for neurodegenerative diseases like PD and AD.

To treat AD, Du et al.^[98] designed UCNP@C₆₀-pep nanoparticles. Thanks to the properties of C₆₀, this material can automatically switch functions under different light conditions. Under near-infrared (NIR) light, the A β -targeting nanoparticles produce ROS, leading to A β oxidation and inhibiting its aggregation. In the dark, the nanomaterials show ROS scavenging activity. UCNP is responsible for converting NIR light into visible light. Under NIR, UCNP transfers energy to the C₆₀ component, generating ROS to oxidize A β proteins and inhibit their aggregation. As one of the components of UCNP@C₆₀-pep, UCNP is also used for upconversion luminescence and magnetic resonance imaging in image-guided therapy. Pep (A β -target peptide KLVFF) targets A β proteins, ensuring that the generated ROS directly affects A β and reduces phototoxicity. The ability of UCNP@C₆₀-pep to both generate and scavenge ROS helps reduce A β aggregation and slow the progression of AD. A light-responsive nanozyme material (Neu-MOF/Fla) was designed by Liu et al.^[99] Its main components are MOF-808, Fla, and neutrophil membrane. MOF-808 acts as the core of the nanozyme. MOF-808 has high porosity and a large surface area, making it an efficient drug carrier. And it functions as a hydrolytic nanozyme. It can catalyze the hydrolysis of β -amyloid (A β), clearing A β deposits in the brain and reducing AD pathology. Fla is a molecule that releases carbon monoxide (CO) upon light activation. CO has strong anti-inflammatory effects, which help reduce neuroinflammation caused by A β . The neutrophil membrane is used to coat the MOF-808/Fla nanoparticles. This provides the nanozyme with targeting capabilities for neural tissues. The neutrophil membrane can recognize and respond to inflammation signals, aiding the nanozyme in crossing the BBB and delivering it to neuroinflammatory sites. This nanozyme material releases MOF-808 and CO under light exposure. It clears A β proteins and treats AD.

Both ultrasound and light are common external fields used in nanozyme applications. To treat PD, Gao et al.^[100] developed a cerium-based nanozyme (CeO₂) and quercetin (Que) nanomaterial (Q@CeBG), combined with focused ultrasound. It provides neuroprotection by regulating ROS levels and polarizing microglia. The CeO₂ nanozyme has strong multi-ROS scavenging capabilities, while Que promotes neuroprotection through anti-inflammatory and antioxidant actions. BG serves as the structural scaffold for the nanomaterial. Gao et al used focused ultrasound to open the BBB, allowing the nanoreactor to cross the BBB and accumulate in the brain. Experiments showed that Q@CeBG reduces proinflammatory factors, increases anti-inflammatory factor expression, and regulates the brain's inflammatory micro-environment, improving motor and cognitive functions in PD mice. This study highlights the potential of focused ultrasound in nanozyme-based neurodegenerative disease treatments.

5. Conclusions and outlooks

ROS accelerates the process of neurodegenerative diseases due to its unique biological characteristics. With the remarkable progress of nanotechnology, many nanomaterials with unique ROS regulation abilities have been developed to regulate the spatiotemporal dynamic behavior of ROS, which has brought revolutionary therapeutic means to the biomedical field.^[49] Nanozymes have shown extraordinary potential and prospects in the treatment of neurodegenerative diseases.

This review comprehensively explores the latest research progress in the field of nanozymes treating neurodegenerative diseases, focusing on the characteristics, production, and transformation of ROS in vivo. Subsequently, the role of ROS as pathogenic agents in the progression of neurodegenerative diseases is emphasized. Further, this review focuses on the classification, catalytic mechanism, and specific application of nanozyme in the treatment of neurodegenerative diseases. In addition, the fusion application of nanozymes with neural electrode technology, AI, and other emerging fields is also discussed, showing its great potential in future precision medicine. However, despite remarkable progress in the treatment of neurodegenerative diseases, nanozyme still faces many challenges in its further clinical application and research.

- (1) Catalytic mechanisms and structure relationships: Future research requires a more comprehensive understanding of nanozyme catalytic mechanisms and detailed characterization of the active sites, including the kinetic and thermodynamic properties of their catalytic processes.
- (2) Improve specific targeting of focal areas: By combining neuropathology features, intelligent delivery systems are developed. It is expected to improve the specificity and substrate selectivity and enhance the ability to penetrate the BBB.
- (3) Bionic design: Based on the structure and function of natural enzymes, an in-depth exploration of bionic design of nanozymes is required. By mimicking the high efficiency and specificity of natural enzymes, the stability and catalytic efficiency of nanozymes are improved, and potential immune response and toxicity problems are expected to be reduced.
- (4) AI and machine learning: High throughput screening is expected to be used to rapidly identify promising nanozyme candidates. By building predictive models, AI helps optimize the design of nanozyme and predict its effects

in biological systems. In addition, machine learning algorithms are able to analyze large amounts of data to support personalization and precision medicine.

- (5) Expand the application range: Explore the application of nanozyme in addition to ROS regulation, such as: treating metabolic disorders by regulating neurotransmitters; develop new noninvasive imaging techniques and diagnostic tools to improve the sensitivity and accuracy of early neurodegenerative disease diagnosis using nanozymes.
- (6) Deepening in vitro and in vivo studies: Cell culture techniques, such as organoids, can be used to simulate the complex cell microenvironment and tissue structure in vitro. In vivo, multiomics techniques such as genomics, proteomics, and metabolomics are applied to comprehensively evaluate the impact of nanozyme on biological systems.
- (7) Interdisciplinary collaboration and preclinical research: Promoting collaboration to address issues such as scale production, standardized testing, and preclinical evaluation of nanozyme among materials science, biomedicine, pharmacy, and clinical medicine.
- (8) Limitations and challenges: First, the BBB may be a major limitation for nanozymes. As they may not effectively penetrate the BBB, their therapeutic efficacy will be affected, and the metabolic process of nanozymes is equally noteworthy after treatment. Long-term safety is also a challenge. The long-term stability and biocompatibility of nanozymes require more precise evaluation. Most studies use nonprimate animal models, which may affect the accuracy of nanozyme experiments. Therefore, systematic safety testing of nanozyme is a direction worth exploring to fill the gap in the biological safety of nanozymes. At the same time, more experiments involving primate animal models should be considered to provide more safety references. Additionally, nanozymes have not been successfully introduced into clinical treatment for neurodegenerative diseases so far. So further exploration of their clinical applications is needed.

In summary, ROS is a decisive factor in neurodegenerative diseases, and nanozyme has shown therapeutic potential due to its ability to regulate ROS. In the future, it is expected that nanozyme-related research can deepen the understanding of the catalytic mechanism, improve the targeting, and overcome the clinical application challenges through innovative methods. This will expand its applications in the field of neuroscience and bring hope for the treatment of neurodegenerative diseases.

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Conflicts of interests

The authors declare that they have no conflicts of interest.

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