

Biomedical applications of polymer porous materials: design, properties, and future perspectives

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Abstract

Polymer porous materials (PPMs) are an emerging class of functional biomaterials characterized by tunable pore structures, high specific surface areas, and favorable physicochemical properties. This review highlights the classification of PPMs into inorganic, organic, and organic-inorganic hybrids, with a focus on how structural features influence their biomedical performance. Due to their unique architecture and biocompatibility, PPMs have shown significant potential in various biomedical applications, including drug delivery systems, tissue engineering scaffolds and implantable devices, biosensors, and membranes for functional coating and separation systems. For drug delivery, biodegradable and stimuli-responsive PPMs offer controlled and targeted drug release while minimizing adverse effects. In tissue engineering, PPM-based scaffolds support cell adhesion, proliferation, and extracellular matrix deposition, which would subsequently promote functional tissue regeneration. For biosensing, the high surface-to-volume ratio and selective permeability of PPMs enhance detection sensitivity and specificity. Furthermore, recent advances in responsive hydrogels, antifouling filtration membranes, and bioactive coatings underscore their clinical translation potential. Despite rapid development, challenges such as precise control over pore size, mechanical-biological trade-offs, and long-term safety still remain. Addressing these limitations is critical for advancing PPMs toward clinical application in regenerative medicine, smart therapeutics, and diagnostic technologies.

Keywords: Biomedical applications, Biosensors, Drug delivery systems, Polymer porous materials, Tissue engineering scaffolds

1. Introduction

Polymer porous materials (PPMs) have emerged as a significant focus in contemporary materials research, particularly in biomedical applications where their porous architecture enables precise control over mass transport, mechanical compliance, and surface interactions. As their name implies, the defining feature of these materials is their porous structure—underscoring the principle that structure determines function. The unique pore architecture of PPMs imparts them with a range

of distinctive properties, including tunable mechanical properties, selective adsorption, and enhanced surface activity, which are critical for applications such as drug delivery systems (e.g., controlled release scaffolds^[1]), tissue engineering (e.g., cell-instructive scaffolds with biomimetic porosity^[2]), and biosensing (e.g., porous electrodes for enhanced analyte capture^[3]).

Historically, activated carbon was one of the earliest porous materials recognized for its exceptional adsorption capacity, enabling effective water purification and air filtration—representing an early and widely adopted use of porous materials. Compared with bulk continuum materials, porous materials generally exhibit 4 notable characteristics:

- (1) Inorganic porous materials (e.g., activated carbon, zeolite^[4], Li materials^[5], TiO₂^[6], porous glass, and Al₂O₃^[7]) are widely used in sensors, catalysis, tissue engineering, and environmental remediation. While these materials offer excellent mechanical strength, their limited structural tunability restricts their adaptability in dynamic biomedical environments.
- (2) Organic porous materials, such as hydrogels and metal-organic frameworks (MOFs), include covalent organic frameworks (COFs)^[8], conjugated microporous polymers (CMPs)^[9], and polymers of intrinsic microporosity (PIMs)^[10]. Their high structural tunability and ease of functionalization make them particularly attractive for biomedical applications, including drug-loaded hydrogels and porous scaffolds for cell encapsulation. However, their mechanical limitations remain a challenge for load-bearing applications.
- (3) Organic/inorganic composites synergize the strengths of both classes, offering enhanced functional versatility for biomedical applications such as bone tissue engineering (e.g., bioactive glass-polymer composites) and targeted drug delivery (e.g., mesoporous silica nanoparticles coated with polymers).

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This article reviews the major application areas of PPMs, with a focus on their mechanisms and practical value in biomedicine, including drug delivery, tissue engineering, and biosensing.

2. Classification and definition of PPMs

PPMs are a class of polymeric materials with tunable pore structures, widely used in drug delivery, tissue engineering, membrane separation, and other fields. Based on material sources, pore size, pore structure, and functional characteristics, they can be systematically classified as follows:

2.1 Classification by source

Based on their origin, PPMs can be classified into 2 main categories:

- (1) Natural polymer-based porous materials: for example, collagen, chitosan, and alginate, which exhibit good biocompatibility and biodegradability, making them particularly suitable for biomedical applications such as tissue engineering and drug delivery^[11].
- (2) Synthetic polymer-based porous materials: for example, polylactic acid (PLA), polycaprolactone (PCL), and polyethylene glycol (PEG), which offer excellent structural tunability and programmable degradation behavior, enabling precise control over material properties for various engineering applications^[12].

Natural polymers are typically derived from biological sources and show excellent biofunctionality, and synthetic polymers provide superior processability and property customization. Hybrid systems combining both types are increasingly developed to leverage complementary advantages.

2.2 Classification by pore size

According to the International Union of Pure and Applied Chemistry classification^[13], porous materials are categorized by pore size into:

- (1) microporous materials (pore diameter < 2 nm);
- (2) mesoporous materials (2–50 nm);
- (3) macroporous materials (>50 nm).

The pore size distribution fundamentally governs the material's interfacial properties, mass transport efficiency, and host-guest interactions^[14], which collectively dictate their functional performance. These characteristics are particularly pivotal in biomedical applications, where precise control over molecular loading, release kinetics, and surface reactivity is essential. Among porous materials, PPMs have emerged as versatile platforms due to their tunable pore architectures, biocompatibility, and chemical flexibility.

2.3 Classification by pore structure

According to their structural configuration, porous materials can be categorized into 2 fundamental types^[15]:

- (1) Open-cell structure, which features interconnected pore networks that facilitate fluid transport and mass transfer. For example, filtration membranes, tissue engineering scaffolds, and catalytic supports.
- (2) Closed-cell structure, which comprises isolated, sealed pores that optimize physical barrier properties. For example, thermal insulation foams, shock-absorbing materials, and buoyancy components.

Open-cell structures exhibit high permeability and surface accessibility, and closed-cell structures demonstrate superior thermal/acoustic insulation. Hybrid configurations can be engineered for multifunctional applications.

2.4 Classification by responsiveness

According to their interactive properties with external stimuli, porous materials can be functionally categorized as:

- (1) Static porous materials: Maintain stable pore architecture under ambient conditions. Typical examples: conventional porous plastics and sintered metal foams.
- (2) Stimuli-responsive porous materials: Exhibit dynamic pore structure modulation in response to environmental triggers:
 - pH-responsive: poly(acrylic acid) (PAA) hydrogel networks;
 - Thermo-responsive: poly(*N*-isopropylacrylamide) (PNIPAM) matrices^[16];
 - Photo/magneto-responsive: Fe₃O₄-functionalized smart porous composites^[17].

Static types ensure structural reliability for long-term application, and smart types enable on-demand regulation of permeability/adsorption. Hybrid systems combine stability with environmental adaptability.

3. Drug delivery systems

Although traditional modes of drug delivery, such as oral and parenteral administration, are widely utilized, their therapeutic effects are often constrained by various physiological and physicochemical factors. For instance, gastric acid may degrade acid-labile drugs^[18]. Additionally, drugs with low water solubility result in decreased bioavailability, with a significant portion of the administered dose potentially being metabolically cleared^[19]. Furthermore, the lack of targeted drug delivery can further diminish effective drug concentrations at the lesion site. More critically, many patients with chronic diseases require long-term or even high-dose medication, which can inflict serious damage to human organs, particularly the liver and kidneys. Consequently, there is a pressing need to develop drug delivery systems that address these challenges by utilizing various materials and chemical techniques. Such a carrier must be capable of stably transporting the drug, regulating the rate of drug release, and delivering the drug precisely to the target site^[20]. Simultaneously, the carrier itself must exhibit biocompatibility and avoid causing toxic side effects in the target organism. Natural products often have excellent biocompatibility, but are often difficult to use directly and need to be properly modified to meet the needs of drug delivery (Figure 1A).

In addition to the high requirements for material biocompatibility, precise regulation of drug release rates is crucial for such applications, as it directly impacts therapeutic efficacy and drug safety. To address this challenge, researchers have developed various rate control strategies based on drug delivery materials. Among these, hydrogels have garnered significant attention and are widely utilized in biomedical engineering due to their exceptional biocompatibility, high permeability, and hydrophilicity^[25]. During the formation of these materials, a 3-dimensional network structure is established between monomers through cross-linking^[26]. This topology, characterized by its porous features, provides an ideal microenvironment for drug loading and slow release, making hydrogels a highly promising drug carrier^[27]. However, due to their poor mechanical properties, hydrogels are often challenging to apply independently. Consequently, they are typically compounded with inorganic porous materials to enhance mechanical strength while retaining their drug-carrying advantages^[28]. Furthermore, by designing hydrogels with specific functional monomers or through chemical modification, these materials can be endowed with the ability to

respond to external stimuli such as pH^[29], temperature^[30], light^[31], enzymes^[32], and glucose concentration^[22,33,34] (Figure 1B). This allows the physically cross-linked hydrogels to be reversible and exhibit stimulus responsiveness, with the intensity of the stimulus being used to modulate the rate of drug release.

3.1 Biodegradable drug sustained-release system

Biodegradable materials are defined as substances that can break down into nontoxic products, such as water and carbon dioxide, and re-enter the natural ecological cycle after fulfilling their intended function. In the context of sustained drug release, an ideal drug carrier is one that degrades naturally within the body without requiring external intervention and does not cause secondary tissue damage. Currently, biodegradable materials used in such systems primarily include biodegradable ceramics and degradable polymers, with the latter being more commonly applied.

PLA and poly(lactic-co-glycolic acid) (PLGA) are widely used degradable polymers that undergo hydrolysis *in vivo* to form lactic acid and glycolic acid, which are subsequently metabolized via the tricarboxylic acid cycle and excreted through urine, sweat, and other routes. However, the degradation of PLA can lead to localized tissue acidification, resulting in inflammation. The incorporation of magnesium has been shown to partially alleviate this inflammatory response by buffering the acidic microenvironment^[35]. *In vitro*, human fetal venous endothelial cells degraded mesoporous silica nanoparticles (MSNs) via cytoplasmic/lysosomal pathways within 48 h, with faster initial degradation (first 2 days). *In vivo*, intravenously injected MSNs degraded rapidly (2 h), primarily in liver/spleen, with fragments excreted in urine or recirculated to lungs and back to liver/spleen

(peaking at 6 h). Bone accumulation occurred after 24 h (increasing by 48 h). Orally administered MSNs showed shape-dependent degradation, where rod-shaped particles reduced degradation, absorption, and liver distribution. These findings inform MSNs' *in vivo* behavior and formulation design^[36].

In addition to commonly used synthetic polymers such as PLA, PCL, and polyvinyl alcohol, several natural polymers derived from plants and animals—such as chitosan and ferulic acid (FA)—have attracted attention due to their excellent biocompatibility and biodegradability. Studies have demonstrated that the combination of FA with glycol chitosan exhibits potential neuroprotective effects. Zheng et al.^[23] were the first to synthesize polymers using the repeating units of FA and employed paclitaxel (PTX) as a model drug to fabricate PTX-loaded poly ferulic acid (PFA) nanoparticles (PFA@PTX NPs) via self-assembly and nanoprecipitation. These nanoparticles had an average diameter of approximately 100 nm. A 50 wt% concentration of PEG with a molecular weight of 3000 (DSPE-PEG3000) was used as a stabilizer during nanoparticle formation. The results indicated that the synthesized polymer exhibited efficient drug delivery capabilities and conferred additional anticancer effects (Figure 1C).

Phenylboronic acid (PBA) exhibits a high affinity for glucose and specifically binds to 1,2- and 1,3-diols through the formation of reversible boronic esters^[37]. This interaction induces a glucose-dependent volume change in the PBA-based material, subsequently accelerating the release of physically encapsulated insulin^[38]. In comparison to traditional glucose-sensing molecules such as glucose oxidase and lectin, PBA demonstrates greater stability and offers distinct advantages for biomedical applications^[39]. Odent et al.^[40] successfully synthesized PBA-modified poly(hydroxyethyl methacrylate) (PHEMA)-based hydrogels utilizing high-resolution stereolithography. The light-cured

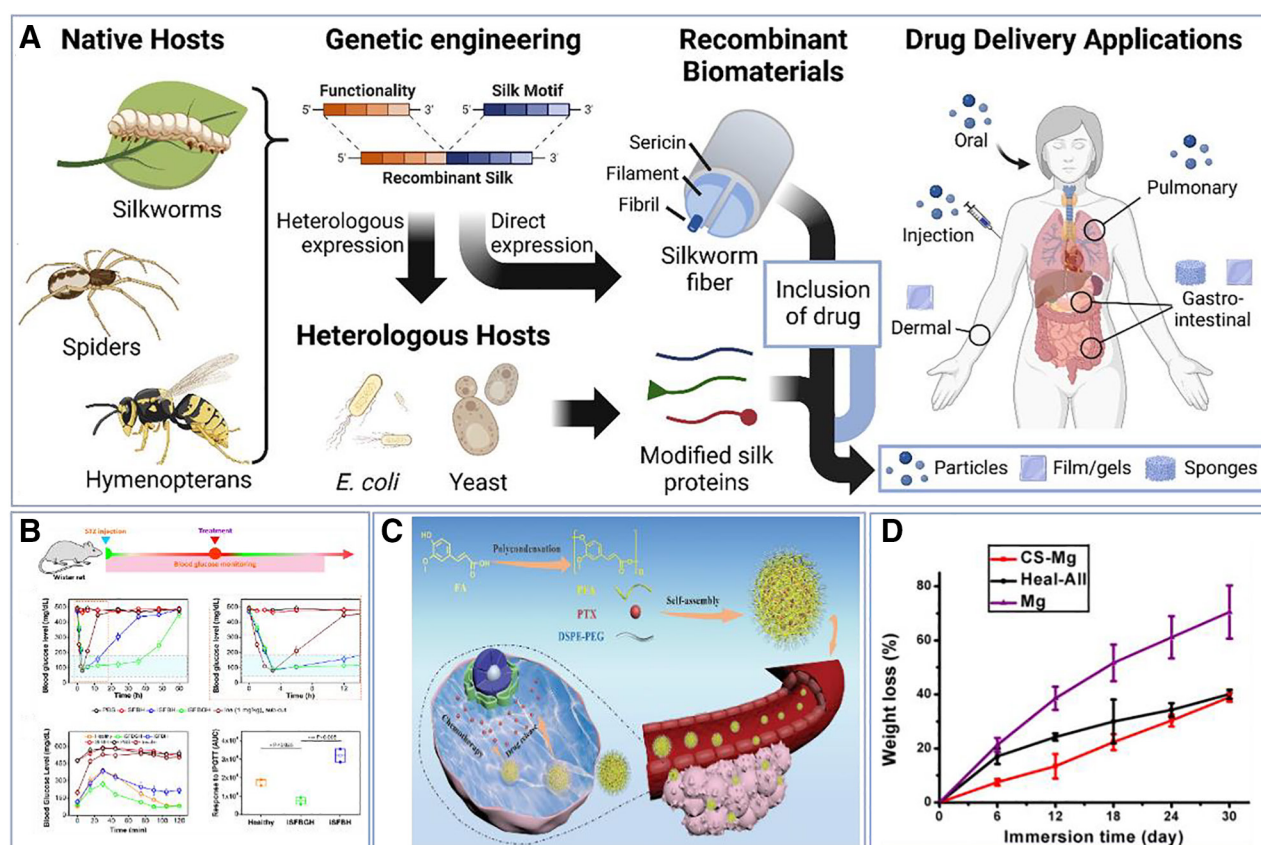


Figure 1. (A) Principle of drug release^[21]. Copyright 2023, Elsevier Ltd. (B) Glucose-responsive self-adjusting injectable hydrogel^[22]. Copyright 2023, American Chemical Society. (C) Synthesis of PFA@PTX NPs and CT26 cancer treatment^[23]. Copyright 2019, John Wiley & Sons, Inc. (D) Slower degradation rate of porous magnesium scaffolds covered with chitosan coating^[24]. Copyright 2019, Elsevier Ltd.

PBA-glucose-responsive derivatives were produced via a two-step photochemical reaction and incorporated into a bioinert PHEMA matrix at varying loadings to create centimeter-scale 3-dimensional drug-eluting implants. These smart implants can be remotely activated by diol molecules, such as glucose, to modulate the on-demand release of drugs, including insulin. The underlying mechanism involves the transformation of the 2:1 binding state of PBA and glucose (PBA-glucose) into two 1:1 complexes as glucose concentration increases. This transformation triggers the glucose concentration-dependent reversible swelling of the hydrogel network, leading to a reduction in the cross-link density of the polymer. Consequently, the swelling facilitates the release of physically encapsulated drugs by decreasing the expansion of the pore space and diffusion resistance.

Biodegradable (e.g., PLA/PLGA, chitosan) polymers exhibit excellent biocompatibility and controllable degradability, metabolizing into nontoxic byproducts (e.g., $\text{CO}_2/\text{H}_2\text{O}$). Natural polymers (e.g., FA composites) can provide additional therapeutic benefits (e.g., neuroprotection). Structural modifications (e.g., PBA-modified hydrogels) enable smart stimulus-responsive drug release (e.g., glucose-dependent insulin release). However, their degradation may cause localized microenvironment acidification (requiring magnesium ion buffering), and their poor mechanical properties often necessitate composite reinforcement materials. Some synthesis processes (e.g., photocured PBA hydrogels) are also relatively complex. Overall, these materials demonstrate significant advantages in targeting and biosafety, but further optimization of degradation kinetics and mechanical stability is needed to meet clinical requirements.

3.2 Nonbiodegradable drug sustained-release system

Compared with biodegradable drug sustained-release systems, there have been relatively few reports of nonbiodegradable drug sustained-release systems in recent years, but they still have unique advantages. In addition to good biocompatibility, these materials often have good mechanical properties, good chemical and physical stability, and processability. Porous silicon has emerged as one of the most promising inorganic drug carrier materials due to its excellent biocompatibility, biodegradability^[41,42], and tunable pore size distribution^[43]. Leveraging these advantageous properties, researchers frequently construct composite drug delivery systems by integrating porous silica with hydrogels to achieve precise control over drug release. For instance, Perelman et al.^[16] synthesized a pH/temperature dual-responsive hydrogel-poly(*N*-isopropylacrylamide-co-acrylic acid) nanohybrid system within the mesoporous channels of an oxidized porous silicon template through an *in situ* polymerization reaction. This system can modulate the thermal responsiveness of the hybrids and eliminate the lower critical solution temperature at pH 7.

Nonbiodegradable (e.g., porous silicon) systems offer distinct advantages, including superior mechanical strength, excellent physicochemical stability, and enhanced processability compared with biodegradable systems. Their tunable pore structure (e.g., mesoporous silica) enables precise drug loading and controlled release, particularly when combined with stimuli-responsive components (e.g., pH/temperature-sensitive hydrogels) for advanced composite drug delivery systems. However, their nondegradable nature raises potential long-term safety concerns, requiring careful evaluation for clinical applications.

4. Tissue engineering implants

Tissue engineering is an emerging interdisciplinary field that was first systematically proposed and defined by Robert Langer and Joseph Vacanti in 1993^[44]. As a significant branch of regenerative medicine, it constructs tissue-like structures through the synergistic action of biochemical and physical factors, such as living cells, biocompatible materials, and growth factors, including

cyclic mechanical loading. The bioengineered constructs derived from this field provide implantable solutions for tissue repair and organ function replacement^[45,46], offering substantial clinical value and paving new avenues for the treatment of many challenging diseases. The essence of tissue engineering lies in the integration of 3 key components: porous scaffolds, cells, and biomolecules^[47]. Among these, scaffolds serve as crucial support structures for cell growth and tissue regeneration and are composed of a diverse range of materials, including natural polymers, synthetic polymers, and ceramic materials. Scaffolds must provide a structural foundation for cell adhesion, spreading, migration, proliferation, and extracellular matrix (ECM) synthesis^[48]. Biocompatibility is essential for their application; they must be nonthrombogenic, nonimmunogenic, and resistant to infection to prevent adverse immune reactions or infections postimplantation. Furthermore, scaffolds must possess adequate mechanical stability to endure surgical manipulation, be rupture-resistant, accurately conform to the shape of the target tissue, and avoid mechanical damage to the organism^[49]. These characteristics are crucial to ensure the safety and effectiveness of scaffolds.

Tissue engineering aims to promote endogenous tissue repair, with implants designed for temporary residence in the body. Therefore, the implants need good biocompatibility not only, when implanted in the human body, to ensure that it does not adversely affect the body but also to ensure that it does not harm the body during its functioning, and the rate of scaffold degradation needs to match the rate of neoplastic tissue formation^[50]. That is, entering the human body requires good biocompatibility and leaving the human body requires good biodegradability.

In general, mechanical properties, biocompatibility, and biodegradability are the 3 most fundamental and essential requirements for tissue engineering applications^[51–53]. Of course, if such materials are applied to the surface of the skin, they may not have the ability to biodegrade, for example, polypropylene (PP) and polyethylene terephthalate (PET), which are often used for epidermal healing of the inguinal hernia^[54–56].

Before this, when the tissues and organs in the body were damaged or lack of function, most of them relied on treatment or transplantation methods. These methods can play a certain role, but there are also many defects. If the injury is more serious and requires transplantation, the price is very expensive, the success rate of surgery is not very high, and after transplantation, a series of immune rejections will occur, which is very painful for the patient, and even threatens the life of the patient after the transplantation^[51].

Tissue-engineered scaffolds have been extensively studied and applied across various fields, including bone^[57], skin^[58], nerve^[59], blood vessels^[60], and heart valves^[61]. The rapid development of stent research can be attributed to the shortage of donor tissues and the limitations associated with donor area damage in both autologous and allogeneic grafts^[62]. Commonly utilized materials encompass polymeric synthetic substances and modified metal stents. Cheng et al.^[63] found that biodegradable polymer/hydroxyapatite composites could serve as substitutes for bone grafts, with nanohydroxyapatite/polyamide 6 (n-hydroxyapatite/PA6) emerging as a preferred synthetic bone material due to its composition and structure closely resembling that of natural bone mineral. Kong et al.^[64] demonstrated that apatite-coated chitosan/n-hydroxyapatite composite scaffolds exhibit superior cell proliferation capabilities compared with apatite-coated chitosan scaffolds. The introduction of n-hydroxyapatite enhances bioactivity, offering new insights into the development of bone tissue engineering and the coating technology for bone biomaterials.

Porous biometallic materials have gained significant traction in biomedical applications due to their excellent biocompatibility, low *in vivo* corrosion rates, and high mechanical strength^[48]. In tendon tissue engineering, Deepthi et al.^[65] utilized a layered

approach by loading porous chitosan-collagen composite hydrogels onto nanofibrous membranes, effectively mimicking the arrangement of collagen fiber bundles found in natural tendons. Their findings demonstrated that cells exhibited favorable attachment and oriented growth within the aligned fibers, as well as good attachment and infiltration within the hydrogel portion. This strategy was shown to significantly enhance the repair of ligament scar tissue. Beyond organic polymers, various inorganic porous materials have been extensively investigated to improve implant biocompatibility. Notably, magnesium alloys, in comparison to traditional nondegradable metal implants, exhibit remarkable physico-mechanical properties, with their specific strength and modulus of elasticity closely resembling those of natural bone. Additionally, magnesium is biodegradable in body fluids, allowing it to be metabolized and gradually resorbed alongside the repair and regeneration of bone tissues, thereby mitigating the risk of secondary surgeries^[66]. However, magnesium scaffolds are prone to corrosion in body fluids, which can lead to localized alkaline pH changes. This issue necessitates enhancements through surface treatments or coatings to establish protective ceramic, polymer, or composite layers^[67]. Guo et al.^[24] pretreated porous magnesium scaffolds with a silane coupling agent in a phosphoric acid solution, subsequently preparing chitosan-coated magnesium alloy membranes (CS-Mg) through chitosan dip-coating. These membranes demonstrated favorable degradation characteristics, excellent *in vitro* biocompatibility, and significant *in vivo* bone regeneration promotion. As illustrated in Figure 1D, the degradation curve of CS-Mg exhibited a gradual decline during the initial 12 days, followed by an increased slope, indicating that the degradation occurred via hydrolysis. This slow degradation rate in the early stage effectively mitigated the degradation rate of the porous magnesium scaffolds.

Polymer porous scaffolds are essential in tissue engineering, offering excellent biocompatibility, tunable biodegradability (matching tissue regeneration rates), and adequate mechanical strength for surgical handling. Natural/synthetic polymers (e.g., chitosan and PLGA) and composites (e.g., nHA/PA6) mimic native ECM, supporting cell adhesion and tissue growth. However, challenges include balancing degradation kinetics (e.g., rapid Mg alloy corrosion requiring coatings) and mechanical stability. While nondegradable polymers (e.g., PP and PET) suit epidermal applications, most scaffolds require precise degradation-to-regeneration synchronization to avoid secondary surgeries or immune responses.

5. Sensor

As signal transduction devices, sensors transform external stimuli (including optical, electrical, and chemical signals) into quantifiable responses, analogous to but technologically distinct from biological sensory systems, similar to biological sensory systems in humans (e.g., vision, olfaction, audition, and tactition). As early as 1997, Saffo^[68] published an article entitled “Sensors: The next wave of innovation,” in which he believed that sensors would flourish in the next few decades and may even become a new technology revolution. The sensor is mainly composed of 2 parts: the molecular recognition component and the signal conversion component (Figure 2A). The former is used for the acceptance of external stimuli, and the latter is the information that can be utilized by converting the received external signal into an electrical signal. There are also many kinds of materials for making sensors. At present, most of the inorganic materials on the market are semiconductor materials such as silicon^[73], germanium^[74], and cadmium^[75]; ceramic materials such as iron oxide^[75], zinc oxide^[76], and aluminum oxide^[77], and metal materials such as gold^[78], silver^[79], and copper^[80]. Polymer organic materials have been studied as sensors. However, due to its poor mechanical properties and easy degradation, most of them are

still in the experimental research stage or used to modify existing inorganic sensor materials. At present, there are many kinds of sensors on the market, which are filled in every corner of life.

Sensors, as critical signal transduction devices, have revolutionized biomedical applications by converting biochemical, physical, and optical stimuli into quantifiable electrical signals. Unlike their industrial counterparts, biomedical sensors require stringent performance characteristics, including exceptional biocompatibility, high sensitivity in complex biological matrices, and long-term stability under physiological conditions. This review systematically examines cutting-edge sensor technologies specifically developed for healthcare applications, ranging from implantable diagnostic devices to wearable health monitoring systems. We highlight fundamental working principles, material innovations, and translational challenges while providing insights into future directions for clinical implementation.

5.1 Biosensor

In the 1960s, Clark, an American scholar, invented the enzyme electrode, marking the birth of biosensors by converting enzyme signals into electrical signals^[81]. With advancements in technology, biomolecules and materials such as antibodies^[82], cells^[83], nucleic acids^[84], and bacteria^[85] have been employed as molecular recognition elements for biosensors. Porous materials present significant opportunities for interdisciplinary research in the field of sensing. Their high specific surface area, combined with interconnected channels and high porosity, promotes mass diffusion, enhancing sensitivity, accelerating response times, and shortening reaction and recovery periods. Furthermore, selective adsorption based on pore size or solubility facilitates the detection and differentiation of specific analytes^[86]. Notably, nanoporous materials outperform traditional bulk material sensors due to their high surface-to-volume ratio, which increases the active sites for interaction with target analytes. For instance, nanoporous silicon has been applied to flexible biosensing platforms, such as those used for heart monitoring (Figure 2B)^[69].

There are also many hydrogel sensors that are implemented by immobilizing a substance on the hydrogel substrate that can interact with the analyte of interest. A hydrogel membrane (HM) based on xyloglucan-polyvinyl alcohol was developed to construct an ultrahigh frequency radio frequency identification sensor. This sensor integrates the functionality of a smart wound dressing with monitoring capabilities, allowing it to absorb simulated body fluids from the affected area and to monitor the moisture content of the dressing contact area in real time. Scanning electron microscopy characterization revealed that the pore distribution on the surface of the HM and within the cross-section was homogeneous, although the pore sizes were heterogeneous. After 24 hours of immersion in water, the pore size increased, confirming the swelling behavior (Figure 2C)^[70].

The enzyme sensor is the world's first biosensor. It was developed by the American scientist Clark in 1962. In 1967, Updike successfully made the enzyme electrode and realized the real enzyme sensor^[87]. However, these are based on inorganic materials. With the deepening of research by scientists, various enzyme sensors have been produced, which are intended to improve the sensitivity, detection accuracy, and widening of the types of detection. Niculescu et al.^[88] used a poly(ethylene glycol) diglycidyl ether to graft a quinoprotein alcohol dehydrogenase with an Os-complex-modified poly(vinylimidazole) redox polymer for ethanol content determination during wine fermentation. Enzyme sensors also have great application prospects in food safety testing. Meats such as fish and meat are highly susceptible to deterioration. When a fish dies, it will be accompanied by a

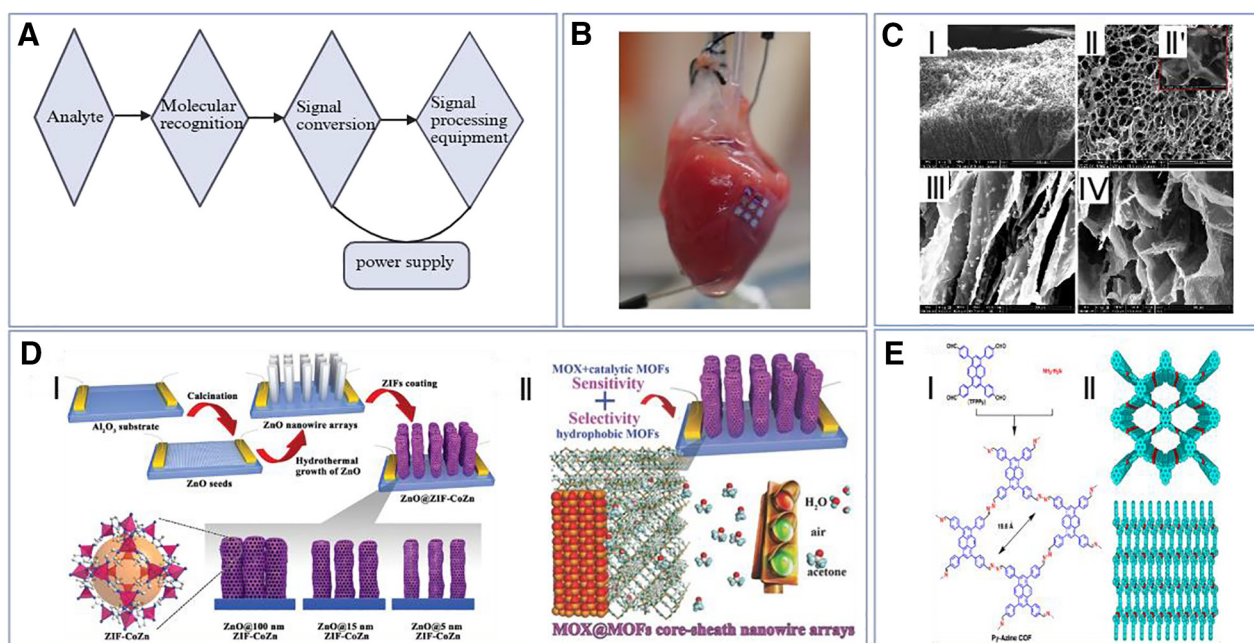


Figure 2. (A) Sensor working process flow chart. (B) Conduction of nanoporous materials in the heart^[69]. Copyright 2022, Springer Nature. (C) Hydrogel sensor for wound dressing moisture monitoring by immobilizing acting substances on a xyloglucan-polyvinyl alcohol hydrogel substrate^[70]. Copyright 2018, Elsevier Ltd. (D) (I) Schematic diagram of the synthesis process of MOX@MOFs and the schematic diagram of the microstructure of ZIF@CoZn; (II) Schematic diagram of the overall structure of MOX@MOFs and the selectivity of the sensing part to gases^[71]. Copyright 2016, WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim. (E) (I) Azine-linked COF (Py-Azine COF) schematic diagram of synthesis; (II) top view and side view of Py-Azine COF^[72]. Copyright 2013, American Chemical Society.

series of enzyme reactions, such as xanthine (XA). It will make the bitterness of the unfresh fish. In other words, if the fish is stored for a longer time, the more XA is produced, and then the XA can be used to determine whether the fish is fresh^[89,90]. Yazdanparast et al.^[91] used a glassy carbon electrode (GCE) as a substrate to bind a multiwalled carbon nanotube to poly(L-aspartic acid) on GCE as a composite membrane for immobilized xanthine oxidase (XO), and finally chemically coupled using 1-ethyl-3-(3 dimethylaminopropyl) carbodiimide/N-hydroxy-succinimide (EDC/NHS) to graft XO onto the composite membrane. The sensor has a simple synthesis process and a short response time, and poly(L-Asp)/multi-walled carbon nanotube (MWCNT)/GCE can also immobilize other enzymes as enzyme biosensors.

Immunosensors are biosensors that integrate highly sensitive sensing technology with specific immune responses to monitor antigen–antibody interactions, making them widely utilized in biomedical research. PEG, a hydrophilic polymer, can form a hydrated layer that protects drug molecules from enzymatic degradation and is extensively used in biopharmaceuticals due to its excellent biocompatibility^[92]. However, the antibody isoforms IgM and IgG can accelerate the blood clearance of PEGylated drugs, thereby diminishing their therapeutic efficacy and safety^[93]. Surface modification of PEG reduces undesirable interactions between the drug and its environment, facilitating targeted delivery. To address this issue, Zhang et al.^[94] modified the sensor chip with methoxypolyethylene glycol (mPEG) and synthesized poly[poly(ethylene glycol) methyl ether methacrylate] (PEGMA) brushes on the surface of a gold chip using surface-initiated atom transfer radical polymerization to create a homogeneous polymer coating. This coating offers high sensitivity, rapid quantitative detection, resistance to nonspecific adsorption, and ease of operation, enabling the rapid and quantitative detection of anti-PEG antibodies from diluted serum. Overall, the coating presents several advantages, including high sensitivity, quick quantitative detection, resistance to nonspecific adsorption, and operational simplicity.

5.2 Physical sensor

The physical sensor converts various physical signals (force^[95,96], light^[97], gas^[98], etc.) into electrical signals and further analyzes and processes the device. Electronic skin (e-skin) is a kind of flexible electronic material. At present, most e-skins are mainly synthesized based on. The e-skin is applied to the surface of the human body as a strain sensor, which can monitor the physiological changes of the human body in real time, which is good for maintaining health.

Tong et al.^[99] synthesized cellulose ionic hydrogels (CIHs) by free radical polymerization in a NaOH/urea aqueous solution. The hydrogels exhibited good compression and tensile properties while also having high transparency (UV–vis), spectrum at 550 nm (~89%), and the ionic conductivity of 0.16 mS cm⁻¹. In addition, CIHs are able to operate in a wide range of temperatures without losing their transparency (~20 °C), with the potential to be a stable skin strain sensor. Shu et al.^[100] developed a ZnCl₂/CaCl₂ binary electrolyte-incorporated hydrogel system exhibiting remarkable ionic conductivity (5.48 S m⁻¹). Mechanistically, applied mechanical deformations induce dynamic reconfiguration of the ionic conduction pathways, resulting in measurable resistance fluctuations. This intrinsic property enables effective mechanoelectrical signal conversion, demonstrating significant potential for high-performance strain/pressure sensing applications. Ionic conductive hydrogels have emerged as a promising class of materials for developing multifunctional sensors with significant potential in healthcare monitoring and flexible electronic applications. Hou et al.^[101] presents a wearable fingerprint electronic skin (WFES) sensor that integrates a graphene oxide/polydimethylsiloxane (GO/PDMS) hybrid dielectric layer with a biomimetic fingerprint-structured PDMS electrode, achieving high sensitivity (0.21 kPa⁻¹, 0–1 kPa) and rapid response (15 ms, ΔC/C = 17%), while resolving microgrooves spaced only 30 μm apart. By systematically analyzing how scanning speed, surface roughness, and fingerprint pitch modulate the vibrational spectrum, the work provides new evidence for the subcutaneous perceptual mechanism proposed

in psychophysics. For the first time, historical fingerprints were employed to fabricate sensors, revealing how different ridge patterns govern vibrational signals. When attached to a fingertip, the device enables artificial recognition of fabrics and microgrooves, underscoring its potential as electronic skin. Further integration with hydrogel technology is expected to accelerate its development.

5.3 Chemical sensor

A chemical sensor is a kind of sensor that converts chemical signals into electrical signals through chemical reactions, including various metal ion detection, gas detection, pH detection, alcohol detection, etc. Chemical sensors are one of the most common sensors in life. For example, as early as 1927, Bogen designed a breathing alcohol detector^[102,103]. And now, the traffic police use an alcohol detector to determine whether a driver is drunk driving or not. When the alcohol molecules pass the sensor, they will be converted into acetaldehyde. The released electrons can cause the current to change, and then it can judge whether the driver is drunk or not. And the carbon monoxide detector in the kitchen is also like this. Lee et al.^[104] designed PAF-1-SMe, a 3-dimensional porous aromatic framework (PAF) densely functionalized with thioether groups for highly selective capture and concentration of copper ions from biofluids and aqueous samples. PAF-1-SMe exhibits remarkable selectivity for copper over other biologically relevant metals, with a saturation capacity exceeding 600 mg/g. Furthermore, the combination of PAF-1-SMe as a copper-capturing material from biological samples with 8-hydroxyquinoline as a colorimetric indicator establishes an effective method for detecting abnormal copper elevation in urine samples from Wilson disease model mice and tracing exogenously added copper in serum. Dalapati et al.^[72,105] showed that 1,3,6,8-tetrakis(4-formylphenyl)pyrene and diazabutadiene synthesize covalent organic skeletons (COFs) with permanent porosity and high specific surface area, which can be used to sensitively detect the presence of 4,6-trinitrophenol in many different solvents (Figure 2E).

Demonstrate unique advantages for sensor applications due to their high surface area, tunable porosity, and excellent biocompatibility, enabling enhanced sensitivity, selective detection, and flexible designs for wearable and implantable devices. These materials have proven particularly valuable in developing smart wound dressings, health monitoring systems, and food quality detectors. However, challenges remain regarding their mechanical stability in physiological environments, potential degradation issues, and nonspecific binding interference. Current research focuses on composite material strategies and surface modifications to address these limitations while maintaining the materials' inherent benefits. The future development of these sensors will require balancing key trade-offs between sensitivity and robustness, biocompatibility and durability, and design flexibility and manufacturing consistency, with advanced material hybrids and nanoscale engineering approaches showing particular promise for overcoming current limitations.

6. Oil/water separation

Porous materials, in addition to the aforementioned extensive applications in the field of biology, have great application value in water pollution control, such as porous membranes for oil/water separation. Among them, water pollution of emulsified oil is very common, and this kind of pollution is easily spread and difficult to treat. In response to this problem, porous membranes for oil/water separation have emerged. These membranes are mainly divided into 2 major categories (Figure 3A), namely superhydrophobic porous membranes^[106] and superhydrophilic porous membranes^[111]. While oil/water separation technology has been primarily applied in environmental engineering, its

potential value in medical applications—such as surgical wastewater treatment^[112] and medical instrument cleaning—has been attracting increasing attention^[113]. Fan et al.^[114] developed an innovative hydrophilic poly(vinylidene fluoride) (PVDF) membrane fabrication method through in situ assembly of phytic acid (PA)-polyethylenimine (PEI) polyelectrolyte complexes with PA-Fe³⁺ dual-cross-linked structures, successfully creating PVDF/PA-PEI/Fe³⁺ membranes with exceptional oil/water separation performance. The membranes demonstrated superhydrophilicity (contact angle [CA] 19°), high water flux (3200 L m⁻² h⁻¹), and outstanding retention efficiency for herbal volatile oils (>90%), along with superior antifouling properties (86.5% flux recovery after 5 cycles) and long-term stability (30-day performance maintenance). Using response surface methodology to optimize the preparation process, this environmentally friendly membrane material effectively addressed the corrosion issues of conventional PVDF membranes in herbal volatile oil separation, providing an efficient solution for active pharmaceutical ingredient extraction in traditional Chinese medicine and industrial oil/water separation applications.

6.1 Superhydrophobic porous materials

Superhydrophobic materials are a new type of material. The surface static water CA is greater than 150°, and the rolling angle is less than 10°^[115]. Generally, these materials have strong self-cleaning ability. For example, if the superhydrophobic property is applied to porous materials, the material can be cleaned against external objects, and it can prevent itself from being polluted. An important indicator for measuring the performance of superhydrophobic materials is the solid-liquid contact time. The shorter the solid-liquid contact time, the faster the mass, momentum, and energy exchange between the solid-liquid surface interface, and the better the performance of the material interface. Anti-icing, self-cleaning, and antifouling antibacterial on the surface. Liu et al.^[116] have prepared a submillimeter superhydrophobic system called “pancake rebound mechanism,” which shortens the theoretical limit of solid-liquid contact time by 80% and successfully challenges the Guinness World Record. Some of St. Pauli has installed a superhydrophobic coating on some of the blocks to punish those who urinate anywhere, and this material will splash their urine back onto them.

In the process of applying hydrophobic porous materials to oil/water separation, it is often the case that the material is degraded after it has been used, and this degradation product will further pollute the environment. In response to this problem, Dong et al. developed a superhydrophobic coating, STA/PDA@ cotton, which is simple to manufacture, low in cost, environmentally friendly, and has efficient oil/water separation performance. This process eliminates the need for additional organic solvents and uses CuSO₄ as a trigger to form a stable, environmentally friendly superhydrophobic coating (Figure 3B) with a CA of approximately 162° and a sliding angle of approximately 7.8°. And due to the presence of dopamine, it can achieve self-healing under daylight conditions, broadening its practical application range^[107].

MOF is an emerging porous material with a higher porosity than traditional materials such as activated carbon and zeolite, so it has a wide range of applications. Gao et al. modified a MOF by grafting octadecylamine—an agent with low surface energy—onto its surface via coordination with unsaturated metal sites. This modification yielded a superhydrophobic porous material (Figure 3C) with excellent hydrophobic oil absorption properties and strong adsorption capacities for chemical solvents such as chloroform and toluene^[108]. Xue et al. prepared a superhydrophilic and underwater superoleophobic PAM hydrogel-coated stainless steel mesh was designed in an oil/water/solid 3-phase system. It demonstrated selective and effective water/oil separation, and it is also a new attempt to

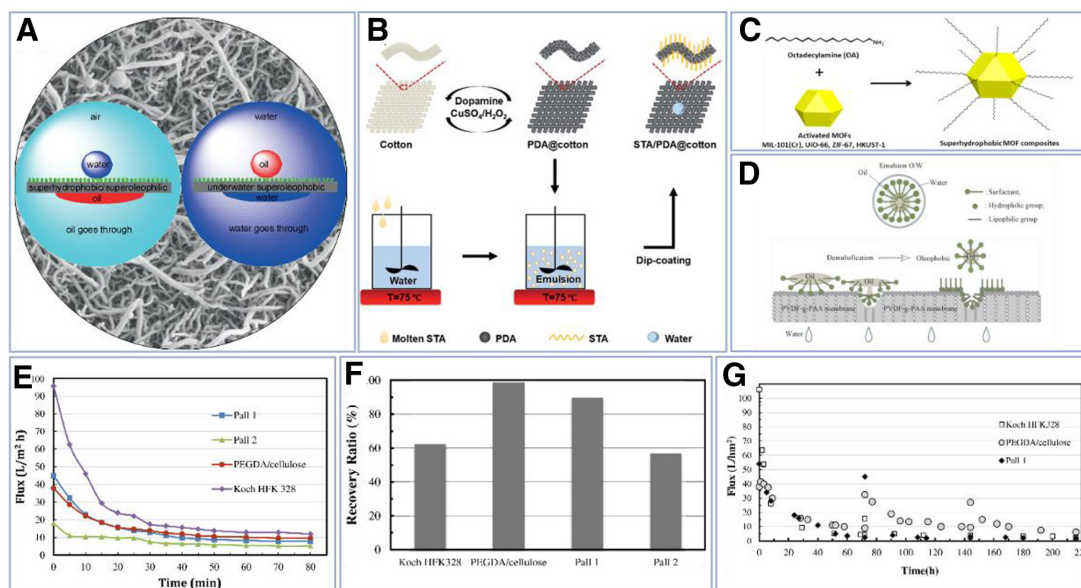


Figure 3. (A) Superhydrophobic (left) and superoleophobic (right) porous membranes^[106]. Copyright 2015, WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim. (B) STA/PDA@Cotton synthesis process^[107]. Copyright 2018, Royal Society of Chemistry. (C) Formation process of surface-modified superhydrophobic MOF materials^[108]. Copyright 2019, American Chemical Society. (D) Possible mechanism of O/W emulsion separation by PVDF-g-PAA membrane^[109]. Copyright 2016, High Education Press. (E) Rate of decline of 4 filter membrane fluxes in short-term fouling experiments. (F) Recovery after 80-min fouling test. (G) Changes in filtration membrane flux and recovery rate in long-term fouling experiments^[110]. Copyright 2013, Elsevier Ltd.

use special wettability to design next-generation materials for oil/water separation^[117].

6.2 Hydrophilic porous materials

Research on the application of hydrophilic porous materials in oil/water separation has been reported in recent years. Gao et al.^[109] grafted PAA on the surface of the PVDF membrane and formed a superhydrophilic porous material using the organic porogen PVP. The principle of oil/water separation of the material is shown in Figure 3D. For the oil-in-water (O/W) emulsion, the process is divided into 2 processes: demulsification and oleophobic: the demulsification process is the adsorption of the porous material to the emulsion surfactant. Destruction of its O/W structure; the oleophobic process uses its hydrophilic and oleophobic principles to separate water from oil.

Hydrogel-tethered polysulfone (PSF) membranes synthesized by grafting propargyl-poly(ethylene glycol) (pro-PEG) onto azide-functionalized PSF membrane surfaces via copper (I) catalyzed azide-alkyne cycloaddition (CuAAC) reaction showed better antifouling performance and permeance^[118]. Chen et al.^[119] prepared a porous nickel foam coated with polyacrylamide (PAM)-hydrogel showed superhydrophilicity and underwater superoleophobicity, and achieved oil/water separation by allowing water to permeate through.

The application of porous materials to oil/water separation is now a hot topic in porous materials research. However, porous materials currently used in oil/water separation often have many problems: insufficient mechanical strength, difficulty in recycling, secondary pollution, and the like. At present, most of the porous materials used in oil/water separation are only in the laboratory stage, and it is difficult to achieve industrial production. How to apply them to real life is an urgent problem to be solved.

Polymer porous membranes demonstrate excellent performance in oil/water separation, with superhydrophobic types (CA >150°) enabling efficient oil absorption and self-cleaning properties, while superhydrophilic variants (CA <10°) achieve

selective water permeation and antifouling capabilities. These materials show particular promise for treating emulsified oil pollution and have potential medical applications in surgical wastewater treatment. However, key challenges include insufficient mechanical strength, recycling difficulties, and risks of secondary pollution from degradation products. Current research focuses on developing environmentally friendly, self-healing coatings and MOF-based composites to address these limitations, though scaling up from laboratory to industrial production remains a significant hurdle.

Polymer porous membranes (e.g., PVDF and polysulfone) demonstrate excellent filtration performance with high rejection rates (>98%) and improved antifouling properties when modified with hydrophilic groups or nanoparticles. These membranes achieve enhanced water flux and contamination resistance through various modification strategies, including hydroxyl group grafting and nanoparticle incorporation. However, significant challenges persist, particularly regarding long-term stability, as modified surfaces often degrade over time, leading to reduced antifouling performance. Additionally, issues with coating durability, recycling difficulties, and the need for secondary cleaning processes hinder industrial scalability. While laboratory results are promising, transitioning these advanced filtration membranes to industrial applications remains a critical challenge that requires solutions for coating stability and sustainable operation.

7. Filtration membrane

7.1 In situ synthetic filter membrane

At present, porous materials are widely used in water purification. This is also known as membrane separation, and materials currently used in this aspect include polysulfone^[120], polyvinyl alcohol^[121], polyacrylonitrile^[122], PEG^[123], PVDF^[124], and the like. Zhang et al.^[125] prepared a calcium alginate/polyacrylamide hydrogel nanofiltration membrane with good antipollution ability and detected it with bovine serum albumin solution (BSA) and yeast suspension, which is for BSA and yeast. The retention rate is as high as 98.53% and 99.64%. Wang et al.^[110] used PEG to

cross-link with ultrafine cellulose nanofibers (CN) to form an ultrafiltration membrane. The ultrafiltration membrane not only has good hydrophilicity but also has good antifouling properties. In the short-term fouling test (80 min), the antipollution ability of PEG-CN was detected by means of pollution-cleaning, and the recovery rate after pollution was significantly higher than that of other commercial films (Koch HFK 328, pall 1, pall 2; Figure 3E). In the long-term pollution test (220 h), PEG-CN showed good antistaining performance. After 72 h of filtration, it could recover 88% of the flux, which was higher than the other 3 commercial films (Figure 3F, G).

7.2 Filter membrane antifouling modification

An important problem is that porous materials used as filter membranes during application are highly contaminated, especially for filtering protein solutions, although in some filter membranes, the pore size is larger than the protein, but due to the accumulation of protein, after a long period of use, there will still be pollution, resulting in a decrease in water purification efficiency, and the water flux will be greatly affected.

Jang et al.^[126] combine polyvinyl alcohol with chloroacetic acid under alkaline conditions (Figure 4A) for modification of PVDF membrane, which is higher than the pure PVDF membrane. The purified water flux and the lower rate of purified water flux are both highly hydrophilic.

The purified water flux and the lower rate of purified water flux are both highly hydrophilic. Grafting new materials on the surface of existing filter membranes can improve their antifouling ability to a certain extent, but as the use time prolongs, the material grafted on the surface degrades or falls off, and its antifouling performance is lost. In response to this problem, Chen et al.^[127] proceeded from the structure and adopted the 3D grafting method to prolong the antipollution performance of the host material (Figure 4B).

The hydrophilicity of the hydroxyl group is excellent. If a large amount of hydroxyl groups is grafted on the surface of the existing porous filtration membrane, the hydrophilicity of the filtration membrane is improved, so that the dirt is difficult to deposit on the surface of the membrane, and when the membrane is contaminated, physical rinsing also makes it easier for dirt to leave the surface of the membrane. Based on this principle, Chen et al. grafted Tris(hydroxymethyl)aminomethane onto a thin film composite RO membrane (Figure 4C) to obtain a composite membrane with better antifouling properties than the original membrane. The increase in the content of (hydroxymethyl) aminomethane increases the antifouling properties of the film, further demonstrating that increasing the hydrophilicity of the film can improve the antifouling properties of the film to some extent^[128].

In addition to the aforementioned methods for polymer-modified filter membranes, many scholars have devoted themselves to research the use of nanoparticle modification to improve the antifouling ability of porous filter membranes. Yao et al.^[71] developed a MOF-coated ZnO nanowire core-sheath structure, achieving significantly enhanced acetone sensing performance with improved selectivity, higher sensitivity, lower detection limit, and reduced operating temperature (Figure 2D). Mokhtari et al.^[129] modified the polysulfone (PS) membrane by using salicylate-aluminoxane (SA) nanoparticles and prepared SA nanoparticles by the reaction between boehmite nanoparticles and salicylic acid. This is mainly due to the deprotonation of salicylic acid and the combination of 2 processes with boehmite nanoparticle (Figure 4D). Then SA/PS nanocomposite membranes were synthesized by the reversed phase method. The results show that the composite porous membrane not only has improved flux but also has a significant decrease in irreversible pollution rate. Ma et al.^[130] deposited an iron/aluminum hydrolyzed precipitate onto a porous ultrafiltration

membrane to improve the antipollution performance of the membrane. The experimental results show that the aluminum hydrolyzed precipitation layer improves the antipollution performance of the membrane, using HA and bovine serum. When the protein is characterized by antipollution performance, the author analyzes a large part of the reason because the aluminum sulfate precipitate layer is positively charged, and both HA and BSA are negatively charged. Because of the positive and negative electric attraction, the pollutants are more easily adsorbed by the sediment layer. Subsequently, Ma et al. modified the polyvinylidene fluoride porous filter membrane with nanoscale zerovalent iron ions (NZVI). The results showed that the NZVI layer has obvious scale-inhibition ability, especially for macromolecules and medium molecules of humic acid (HA)^[131].

It is also convenient to apply the filter membrane to solve the water pollution problem. Therefore, the research on the porous membrane material of the filter membrane is also one of the hot topics, including the research on the in situ synthetic membrane and the target. Existing research on filtration membrane modification. However, in addition to the existing industrial membranes, most of them only stay in the laboratory stage, and it is difficult to carry out industrial production. For example, for the modification of the polymer porous membrane, there are still a series of problems: the coating layer is easy to fall off, and it is difficult to recycle, the second cleaning consumes extra resources, and so on.

Polymer porous filtration membranes demonstrate excellent separation efficiency (98%–99% rejection rates) and improved antifouling properties through hydrophilic modifications (e.g., hydroxyl group grafting) and nanoparticle incorporation, yet face challenges including surface coating degradation, limited long-term stability, and difficulties in industrial-scale production.

8. Other applications

8.1 Adhesive/bandage

There are many applications for, involving agriculture, industry, biomedicine, and environmental fields. For example, the newly developed “dry double-sided tape” by Zhao Xuanhe team combines PAA with N-hydroxysuccinimide and gelatin (or chitosan) by UV light, and then fully dried^[132]. Due to the interfacial water often being between the organ and the adhesive material, the adhesive material has difficulty adhering to the tissue organ, or the adhesion is not strong^[133,134]. The traditional method is to make the 2 bonds through the diffusion of the interface water, but this tape is to remove the interface water by a dry cross-linking mechanism and then bond (Figure 5A).

8.2 Electroconductive PPM

Electroconductive PPMs have excellent properties and have broad application prospects, but most PPMs are not electrically conductive and limit their application under certain conditions, such as biosensors^[135,136], ion-responsive drug delivery systems^[137], artificial muscles^[138], and skin tissue^[139]. However, if the electrochemical properties of PPM are imparted, the field of application will be greatly expanded. The hydrogel has good biocompatibility and a large specific surface area. It is easy to combine with metal particles (Fe^[140], Cu^[141]), conductive polymers (polyaniline^[142], poly(3,4-ethylenedioxythiophene)-poly(styrenesulfonate) [PEDOT:PSS]^[143], polypyrrole^[139]), and other conductive materials (carbon nanofibers^[144], graphene^[145]). Since the first report of conductive hydrogels by Gilmore et al. in 1994^[146], it has received widespread attention. In recent years, conductive hydrogels have flourished, and more and more applications have been discovered (e.g., PEDOT:PSS hydrogel). PEDOT was first produced by Bayer, Germany. With PSS, it can greatly improve its solubility and make it highly conductive^[147].

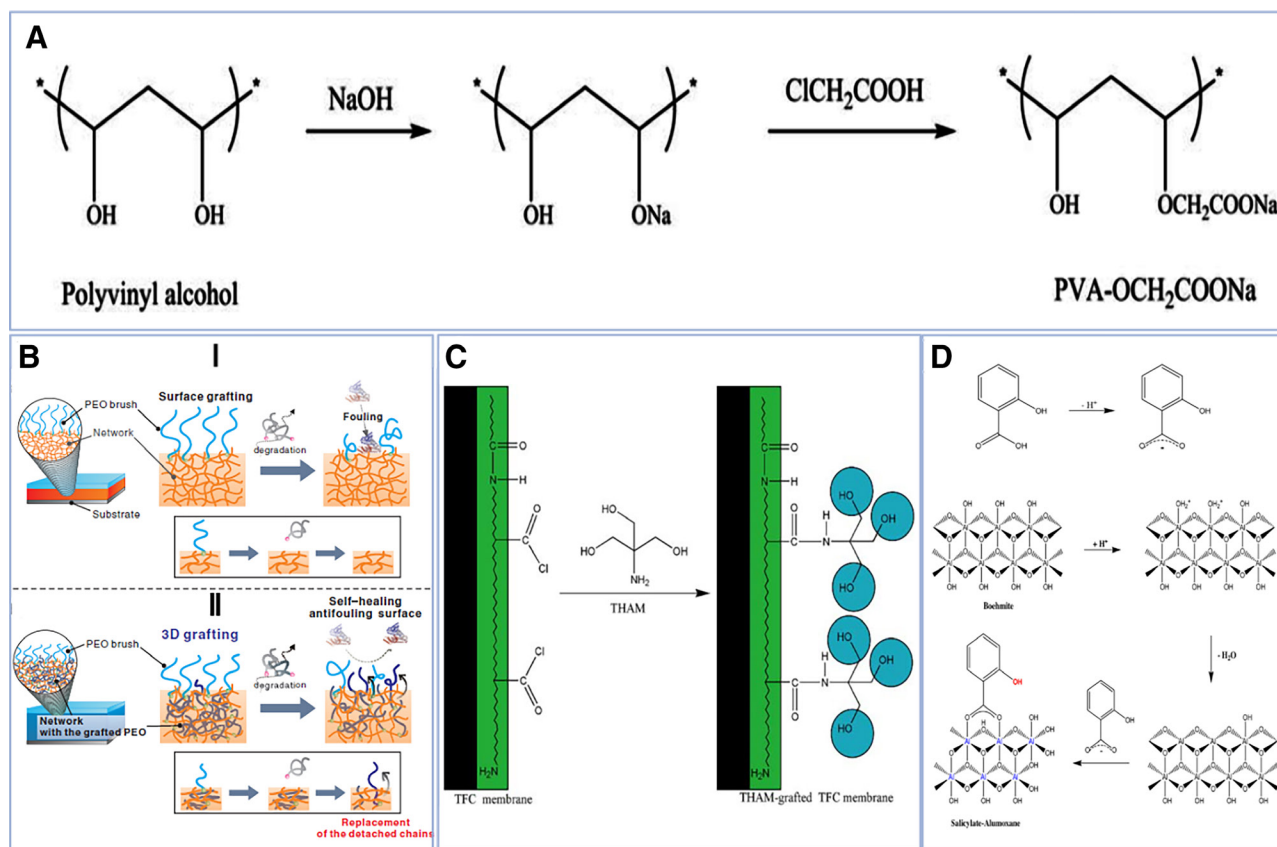


Figure 4. (A) Etherification of polyvinyl alcohol and chloroacetic acid under alkaline conditions^[126]. Copyright 2014, Wiley Periodicals, Inc. (B) Surface grafting and 3D grafting difference: (I) surface grafting: when the grafted polymer chain is degraded, the material's antifouling ability will be lost; (II) 3D grafting: PEO is grafted onto the surface and inside of P2VP. When the antifouling layer on the surface is degraded, the internally grafted polymer will be rearranged to the interface due to the new gradient in the chemical potential^[127]. Copyright 2013, WILEY-VCH Verlag GmbH & Co. KGaA, Weinheim. (C) THAM is bound to the TFC membrane by covalent attachment (interfacial polymerization via an amino group with an acid chloride group)^[128]. Copyright 2017, Wiley Periodicals, Inc. (D) The process of deprotonation of salicylic acid and the process of binding to boehmite nanoparticle^[129]. Copyright 2016, Elsevier B.V.

Lu et al. prepared a pure PEDOT:PSS hydrogel film by adding dimethyl sulfoxide to PEDOT:PSS solution and then drying and annealing several times. The purification process is simple, and the product is in pure water. With conductivity up to 40 S·cm⁻¹ and adjustable swelling behavior, it opens up new avenues for hydrogel electronics^[148]. Naficy et al.^[149] added PEDOT to poly(ethylene glycol) methyl ether methacrylate and PAA double-network hydrogel. The product has both pH response and good electrical conductivity, and its maximum conductivity is 4.3S·cm⁻¹ and is among the best in high swelling materials.

8.3 Reactor

A bioreactor is a device that performs biochemical reactions in vitro, such as enzymes and microorganisms. Due to its special porous structure, good biocompatibility, high specific surface area, and adjustable pore size, it has unique application advantages in the field of bioreactors. Zhang et al.^[150] used a simple method to prepare MOF MIL-101(Cr)-NH₂. The MOF material has good moisture resistance, acid resistance, and thermal stability and also has a high specific surface area and a large amount of -NH₂. Extremely strong N-chain glycopeptide enrichment advantage (N-linkage). Tan et al.^[17] synthesized Fe₃O₄@polyimine microspheres (Figure 5B) by controlling the amorphous to crystalline transition. The microspheres are COFs with typical core-shell structures. It proves that the microsphere has good photothermal conversion ability, even comparable to some mature photosensitizers, which has broad prospects in the field of phototherapy.

PPMs demonstrate versatile applications with distinct advantages and limitations across different fields. As adhesives/bandages (e.g., dry double-sided tape), they enable strong tissue adhesion through innovative dry cross-linking mechanisms, overcoming interfacial water challenges, though long-term biocompatibility requires further validation. Conductive PPMs, particularly hydrogels integrated with materials like PEDOT:PSS, exhibit tunable conductivity (up to 40 S·cm⁻¹) and stimuli-responsiveness, expanding their use in biosensors and artificial muscles, yet face scalability and stability hurdles. In bioreactors, their high surface area and pore tunability (e.g., MOF-based systems) enhance biocatalytic efficiency and photothermal performance, but cost and complex synthesis limit widespread adoption.

8. Conclusion and future perspectives

This article mainly introduces the accumulation of the most popular and discusses its application, including the drug delivery systems, tissue engineering implants, biosensors, filtration membrane antifouling, and other popular applications. Of course, there are many other types of PPMs that are not described in detail herein, such as covalent triazine-based frameworks, CMPs, and PIMs^[105]. And the application of porous materials is not limited to this; there are many aspects, such as molecular sieves^[151–153], insulation^[154,155], sound insulation^[156], and cushion^[157]. PPMs demonstrate promising biomedical applications, yet critical challenges remain in precise pore structure control and targeted drug release. Future research should focus on

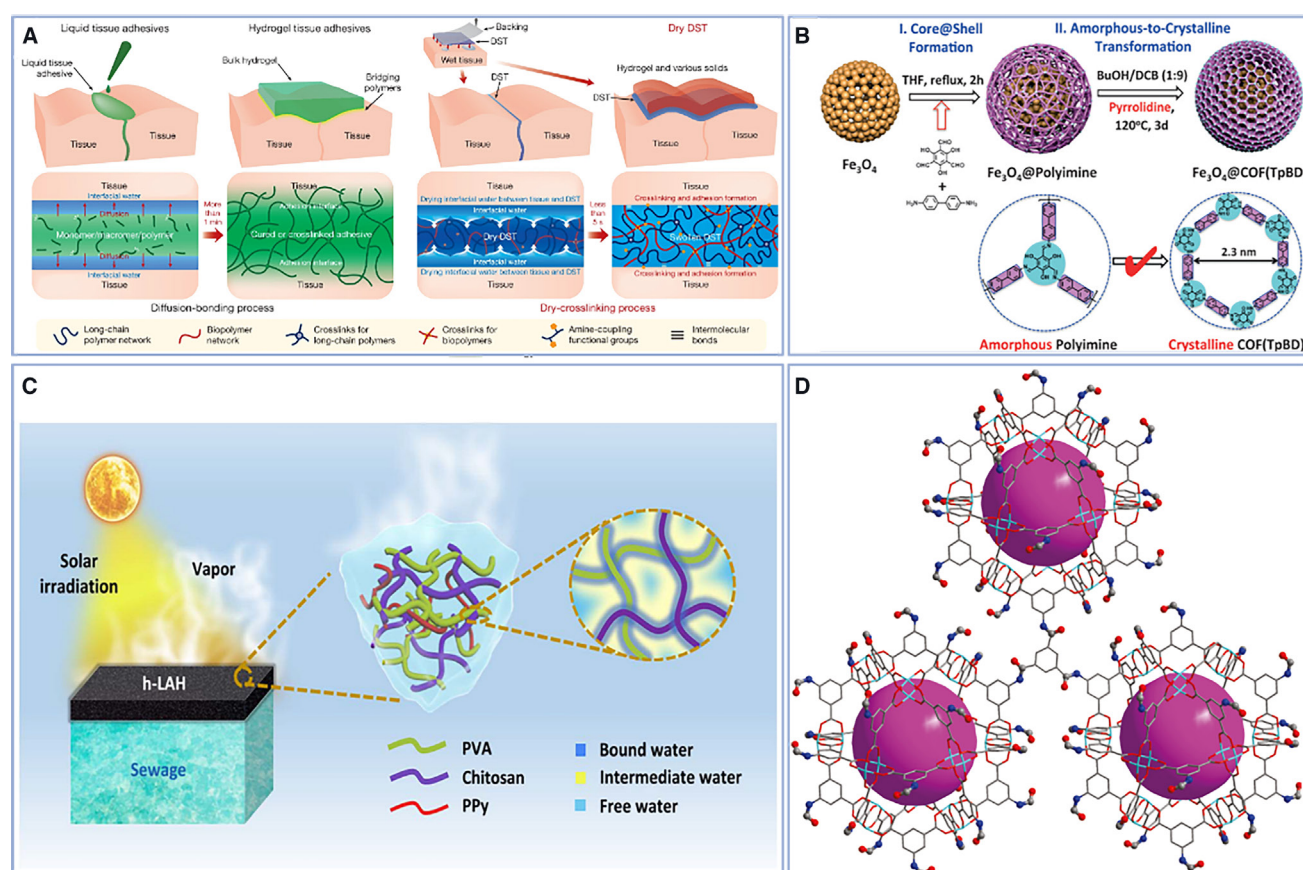


Figure 5. (A) Schematic diagram of the action of the traditional binder and its mechanism of action^[132]. Copyright 2019, Springer Nature Limited. (B) The synthesis process of Fe₃O₄@polyimine microspheres, the surface of citrate-treated Fe₃O₄ has a large amount of –COOH, and the benzidine adheres to the surface of the nucleus through hydrogen bonding, and then forms an amorphous polyaniline shell through Schiff base reaction. The classical solvothermal process forms a crystalline network structure^[17]. Copyright 2016, Wiley-VCH Verlag GmbH & Co. KGaA, Weinheim.

enhancing clinical translation potential through optimization of degradation safety and mechanical–biological performance balance. In addition, drug delivery systems are also a popular application of PPM (as mentioned earlier), but in such a complex environment, how to control the precise targeted release of drugs and the precise control of drug delivery is also a problem. After the release of the drug, what is the remaining drug carrier? In the complex environment of living organisms, PPM will inevitably degrade, and where is the degradation product? Taking PAA hydrogel as an example, when PAA is combined with chitosan, gelatin and the like, the biocompatibility is good, but the PAA itself is not biocompatible, and it has a large amount of the negative charge, and it is also a carcinogen, if degradation in the body will inevitably have a negative effect, these are all problems that need further solution. In addition, PPM has great application prospects, but this often requires modification of PPM to make it better applied to specific environments, but often a series of problems occur in the modification process, through graft modification, etc. Means give PPM specific performance while often accompanied by a loss of other performance. When the hydrogel is given certain properties, its mechanical properties often fail to meet the requirements, but when the mechanical properties are improved, other properties are lost. 2APBA-modified hyaluronic acid/poly-(vinyl alcohol) and alginate/calcium (Interpenetrating Polymer Network) hydrogel, for example, with the increase of the content of alginate/calcium, its mechanical properties can be improved, but its self-adhesive performance is getting worse^[158]. Therefore, how to make PPMs get better performance, raw materials are cheaper and more environmentally friendly, which is an urgent problem to be solved.

There are many more in terms of the type of application or materials. This article covers only a small part of it. It is undeniable that PPMs are a complex of many disciplines, and their future must have broad prospects for development.

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Conflicts of interests

The authors declare that they have no conflicts of interest.

Author contributions

Yuhan Wang contributed to conceptualization and writing—original draft; Ruiling Wang contributed to data curation; Qing Zhao and Yi-Le Tian contributed to investigation; Kai Li, Li-Yuan Liu, and Nian Zhao contributed to resources; Shuxin Jiang contributed to the formal analysis; Yuchun Zhu and Niannian Li contributed to supervision; Xudong Deng contributed to supervision and writing—review and editing. Xue-Ting Wang contributed to supervision, writing—original draft, and writing—review and editing.

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